

2026 EAI Order Form

Order Information		Category	Subtotals
Date of Order		BOOKS (#1)	\$
If Group, print name:		WORKBOOKS (#2)	\$
Billing Information		PAMPHLET GRPS (#3)	\$
First & Last Name		LITERATURE (#4)	\$
Email Address		MERCHANDISE (#5)	\$
Phone Number		Subtotal #1	\$
Billing Address		Optional Donation Amount (complete)	\$
2nd Line Address		Subtotal: #2	\$
City/State/Country/Zip		Optional Insurance (see last page)	\$
Name on Card:		Shipping (<i>call for rate</i>)	\$
Card Type (circle one):	VISA MC DISCOVER AMEX <i>Please call the office to provide your credit or debit card information for security.</i>	Handling Fee USA: \$5 International: \$10	\$
Other Payment Type:	<input type="checkbox"/> Check/Money Order Enclosed	MN sales tax	\$
Signature		Shipping, Handling, Insurance, Tax Subtotal #3	\$
Shipping Information (if different than billing information)		Total Amount Due (Total 1+2+3):	\$
First & Last Name		Still sending in payment by check? It is now possible to order online using your checking account information.	
Email Address		No credit card required. Go to www.emotionsanonymous.org/eai-literature	
Main Phone Number			
Shipping Address			
2nd Line Address			
City/State/Zip Code/ Country			
<p><i>Would you like a receipt?</i></p> <input type="checkbox"/> No Receipt <input type="checkbox"/> Email Receipt <input type="checkbox"/> Receipt included with order			

Shipped Date: <input type="checkbox"/> Emailed	Via Receipt <input type="checkbox"/> None <input type="checkbox"/> Included
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This order form reflects the most current pricing and material listing effective March 2026.

Prices are subject to change.

Publication dates or revision dates are noted in () after titles.

* indicates free publications available on the website.

BOOKS (#1)	PRICE	QTY	TOTAL \$
EA Book (Big Book)	20.00		
Case of 26 EA books (10% off)	468.00		
It Works if You Work It Book	20.00		
Case of 26 IWYWI books (10% off)	468.00		
Today (Daily Meditations) Book	20.00		
Case of 30 Today books (10% off)	540.00		

SUBTOTAL: \$

PAMPHLET GROUPS (#3)	PRICE	QTY	TOTAL \$
Understanding Your Emotions Item #111 (21 pamphlets)	6.75		
Understanding Your Actions Item #112 (19 pamphlets)	7.00		
Understanding Your Program Item #113 (9 pamphlets)	3.25		

SUBTOTAL: \$

WORKBOOKS (#2)	ITEM #	PRICE	QTY	TOTAL \$
EA's 12 By 12	12	9.95		
My EA Journal of Recovery	34	9.95		
The 4th Step: The Joyful Journey	74	9.95		
A Guide to Working the Twelve Steps	75	15.00		
Welcoming the Spiritual Awakening Within Me	83	20.00		
Spiritual Awakening Workbook Study Guide *	83A	0.40		
Holidays & Special Days in Recovery Workbook	108	9.95		
Living EA's Twelve Principles—NEW 2025		20.00		

SUBTOTAL: \$

We have all books, some workbooks, and some literature available to download and read on an e-reader!

You can purchase e-reader materials at <https://payhip.com/EmotionsAnonymousInternational>

Thank you for purchasing materials directly from EAI. Your purchase funds the ongoing operations of EAI, helping start meetings, manage the website, answer questions about the program, develop new materials and continue to keep EAI growing

www.EmotionsAnonymous.org
 P.O. Box 4245 Saint Paul, MN 55104 USA

Spanish materials are available on our website. Los documentos en español están disponibles en nuestro sitio web.

LITERATURE (#4) (PAMPHLETS, BOOKLETS, AND HANDOUTS)

* Available to print off the website at no charge

ITEM #	TITLE	COST	QTY	TOTAL \$	ITEM #	TITLE	PRICE	QTY	TOTAL \$
1	EA's 12-Step Program * (1994) "Yellow Pamphlet"	0.40			37	How Our Mtgs Work (1995)	0.40		
					38	Intergroup Assoc. Guide	1.10		
1LP	EA's 12-Step Program (Large Print)	1.65			39	Speaker's Guide	0.40		
4	A Personal Inventory	1.10			40	Control (revised 2022)	0.40		
6	Group Inventory	0.40			42	Loneliness (revised 2021)	0.40		
7	Suggested Face-to-Face Meeting Guide (laminated)	2.50			43	Annual Report*	0.40		
7A	Virtual Meeting Guide	0.40			44	Group Starter Kit	44.00		
8	Service — Step 12 (1998)	0.40			45	Self-Esteem (revised 2019)	0.40		
9	Weekly Meeting Minder	0.40			46	Resentments (revised)	0.40		
10	The Four A's (2016)	0.40			47	Fear (revised 2021)	0.40		
11	A Key to Successful Groups	1.10			48	Anger (revised 2021)	0.40		
13	Guide for EA Groups	1.10			49	Indecision (2016)	0.40		
14	EA Welcome Kit	1.50			50	Perfectionism (revised 2021)	0.40		
15	Cycle of Mental Illness & Recovery	1.10			51	Forgiveness (revised 2019)	0.40		
17	Community Outreach Pckt	1.65			52	Suicide (revised 2019)	0.40		
21	The Common Thread (2016)	0.40			53	Love (revised 2020)	0.40		
22	News Release Info	0.40			54	Depression (revised 2021)	0.40		
23	To My Family & Friends (revised 2021)	0.40			55	Grief (revised 2018)	0.40		
24	EA Bylaws * (revised 2022)	0.40			56	Shame (2001)	0.40		
25	Sponsorship in EA (revised 2021)	0.40			57	Anxiety (revised 2019)	0.40		
26	From Surviving to Thriving (revised 2020)	0.40			58	Patience (revised 2022)	0.40		
27	Newcomer Orientation * (revised 2017)	0.40			59	Serenity (revised 2019)	0.40		
28	Welcome to a New Way of Life * (2008)	0.40			61	"How it Works" Pages 39-82 of Big Book [Large Print]	4.50		
29	Real Listening (2017)	0.40			62	Handling Disruption	1.10		
30	Public Info Mtg Guide	1.50			63	Info for the Health Care Provider * (revised 2021)	0.40		
31	Help for a Better Life *(2008)	0.40			64	Guide for Health Fairs* (1992)	0.40		
32	Guidelines for EA Events	1.50			65	Community Outreach Information Guidebook	5.50		
35	New Group Information Packet (NGIP) *	2.00			66	Supporting Your Support System (revised 2020)	0.40		
36	Meeting Flyer *	0.40			67	Administrative Concepts	1.10		
					68	Guide for Nat'l Intergroups	1.10		
					69	What is EA? * (2017)	0.40		
					76	Highly Sensitive People (2018)	0.40		
					80	10 Easy Ways	0.40		
					81	Procrastination (2018)	0.40		

LITERATURE (CONT'D)

ITEM #	TITLE	PRICE	QTY	TOTAL \$
82	Guidelines for Writing for EAI * (2021)	0.40		
84	Self-Pity (2019)	0.40		
85	Hope (2019)	0.40		
86	Confidentiality * (2020)	0.40		
87	Best Practice for Productive Meetings	0.40		
88	Higher Power (2020)	0.40		
89	Trust (2020)	0.40		
90	Acceptance (2021)	0.40		
91	Comfort Zone (2020)	0.40		
92	Pushing Away our Feelings (2020)	0.40		
93	5 Ways to Face your Grief (2021)	0.40		
94	Guilt (2021)	0.40		
95	Gratitude (2021)	0.40		
96	Calm (2021)	0.40		
97	Kindness (2021)	0.40		
98	Recovery (2021)	0.40		
99	Time (2021)	0.40		
100	Healthy Boundaries (2021)	0.40		
101	Perseverance (2021)	0.40		
102	50 Tips for 50 Years* (2021)	0.40		
104	Sobriety in EA (2021)	0.40		
105	Communication (2023)	0.40		
106	Are We Defective? (2023)	0.40		
114	What is Courage?(2024)	0.40		
117	What is Family? (2025)	0.40		
118	Insecurity (2025)	0.40		
120	Pause (2026)	0.40		
SUBTOTAL:			\$	

MERCHANDISE (#5)

CARDS & POSTERS				
ITEM #	TITLE	PRICE	QTY	TOTAL \$
M5	I Have A Choice — JFT Card	0.55		
M19	Share Your Meeting Pocket Card (10/pk)	1.50		
M20	Steps 3 & 7 Prayer Pocket Card (10/pk)	1.10		
M41	12 Promises of EA Card	0.55		
M77	Blank Serenity Notecard (10/pk)	5.00		
M103	Outreach Pocket Card (10/pk)	1.10		
M107	Serenity Prayer Pocket Card	2.00		
M109	Just for Today vinyl poster	10.00		
M110	12 Steps vinyl poster	10.00		
EA ANNIVERSARY RECOGNITION CARDS <i>Hard plastic 2"x 3" cards to recognize milestones</i>				
ITEM #	TITLE	PRICE	QTY	TOTAL \$
M70	30-day Card	1.10		
M70A	60-day Card	1.10		
M71	90-day Card	1.10		
M72	6 Month Card	1.10		
M73	1 Year Card	1.10		
BOOKMARKS				
M18	Serenity Prayer (Winter Background)	1.10		
M33	Serenity Prayer (Water Background)	1.10		
MEETING SIGNS & TABLE CARDS				
M3	EA Meeting Sign (Laminated)	2.50		
M16	EA Meeting Table Card	1.10		
SUBTOTAL:			\$	

MERCHANDISE (CONT'D)

ITEM #	TITLE	PRICE	QTY	TOTAL \$
M2	Water Bottle	10.00		
M119	EAI Car Magnet (2025)	3.00		
N/A	EA Medallion	5.75		
N/A	Medallion Holder	11.00		
N/A	Anniversary Pin* (Years 1-40) [In Roman Numerals]	3.50		

*Years Requested & Quantity for each pin:

SUBTOTAL:	\$
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ADD SHIPPING INSURANCE TO YOUR ORDER

SUBTOTAL AMOUNT	COST	SUBTOTAL AMOUNT	COST
\$0.01 - \$50.00	\$2.75	\$300.01 - \$400.00	\$7.60
\$50.01 - \$100.00	\$3.50	\$400.01 - \$500.00	\$9.15
\$100.01 - \$200.00	\$4.60	\$500.01 - \$600.00	\$12.25
\$200.01 - \$300.00	\$6.05	\$600.01+: <i>Call office for price</i>	

Insurance Policy: EAI is not responsible for replacement of any damaged or lost items that are not insured by purchaser.

DONATION INFORMATION

DONATION CATEGORIES

General Operations: Donating to this category will help EAI maintain all administrative functions required.

Hardship Fund: Donating to this category will make it possible to send literature to individuals in financial hardship for free.

New Group Scholarships: Donating to this category will make it possible for new EA groups receive the Group Starter Kit (Item #44) at a reduced cost.

Gifts will be included in EAI's general operations unless otherwise designated.

Memorial gifts honor someone who has passed away.

Gratitude gifts thank someone.

Memorial and Gratitude gifts will be designated towards EAI's general operations unless otherwise designated.

Group donations will be recognized by the group, not the individual who made the donation on behalf of the group.

ADD A DONATION!

DONATION AMOUNT	\$
Donation Type (choose one)	<input type="checkbox"/> Group <input type="checkbox"/> Individual
If a GROUP donation provide: Name of group, remote or location, day of week and time of meeting so we can accurately record your group gift.	
If making an INDIVIDUAL donation would you like to be recognized for the donation in the Annual Report? (First Name, Last Initial)	<input type="checkbox"/> Yes (Publish) <input type="checkbox"/> No (Anonymous)
Would you like to designate your donation to a specific category?	<input type="checkbox"/> Yes <input type="checkbox"/> No
If yes, which category?	<input type="checkbox"/> Gen Operations <input type="checkbox"/> Hardship Fund <input type="checkbox"/> New Group Scholarships
IF this is a Memorial or Gratitude gift, please tell us who to recognize and provide an address if you would like us to let them know about your gift. Name/Address:	<input type="checkbox"/> Memorial <input type="checkbox"/> Gratitude <input type="checkbox"/> Neither

Tracking Information:

You will receive an email from Pitney Bowes (no-reply@pb.com) once your order has shipped. Receipts will be emailed or printed and sent along with the order **if requested**.