2026 EAI Order Form

Order Information	
Date of Order	
If Group, print name:	
Billing Information	
First & Last Name	
Email Address	
Phone Number	
Billing Address 2nd Line Address	
City/State/Country/Zip	
Name on Card:	
Card Type (circle one):	VISA MC DISCOVER AMEX *Please call the office to provide your credit or debit card information for security.*
Other Payment Type:	☐ Check/Money Order Enclosed
Signature	
Shipping Information *(if different than billing information)*	
First & Last Name	
Email Address	
Main Phone Number	
Shipping Address 2nd Line Address	
City/State/Zip Code/ Country	
Would you like a receipt? ☐ No Receipt ☐ Email Receipt ☐ Receipt included with order	

Category	Subtotals
BOOKS (#1)	$
WORKBOOKS (#2)	$
PAMPHLET GRPS (#3)	$
LITERATURE (#4)	$
MERCHANDISE (#5)	$
Subtotal #1	**$**
Optional Donation Amount (complete	$
Subtotal: #2	**$**
Optional Insurance (see last page)	$
Shipping ***(call for rate)***	$
Handling Fee USA: $5 International: $10	**$**
MN sales tax	$
Shipping, Handling, Insurance, Tax Subtotal #3	**$**
Total Amount Due (Total 1+2+3):	**$**

Still sending in payment by check? It is now possible to order online using your checking account information. No credit card required. Go to www.emotionsanonymous.org/eai-literature

Shipped Date: **Via** Receipt ☐None ☐Included
☐Emailed

This order form reflects the most current pricing and material listing effective March 2026.
Prices are subject to change.
Publication dates or revision dates are noted in ( ) after titles.
** indicates free publications available on the website.*

BOOKS (#1)	PRICE	QTY	TOTAL $
EA Book (Big Book)	20.00		
Case of 26 EA books (10% off)	468.00		
It Works if You	20.00		
Case of 26 IWIYWI books (10% off)	468.00		
Today (Daily Meditations) Book	20.00		
Case of 30 Today books (10% off)	540.00		
	SUBTOTAL:		$

PAMPHLET GROUPS (#3)	PRICE	QTY	TOTAL $
Understanding Your Emotions Item #111 (21 pamphlets)	6.75		
Understanding Your Actions Item #112 (19 pamphlets)	7.00		
Understanding Your Program Item #113 (9 pamphlets)	3.25		
	SUBTOTAL:		$

WORKBOOKS (#2)	ITEM #	PRICE	QTY	TOTAL $
EA's 12 By 12	12	15.00		
My EA Journal of Recovery	34	9.95		
The 4th Step: The Joyful Journey	74	9.95		
A Guide to Working the Twelve Steps	75	15.00		
Welcoming the Spiritual Awakening Within Me	83	20.00		
Spiritual Awakening Workbook Study Guide *	83A	0.40		
Holidays & Special Days in Recovery Workbook	108	9.95		
Living EA's Twelve Principles—NEW 2025	12P	20.00		
		SUBTOTAL:		$

We have all books, some workbooks, and some literature available to download and read on an e-reader!
You can purchase e-reader materials at https://payhip.com/EmotionsAnonymousInternational

Thank you for purchasing materials directly from EAI. Your purchase funds the ongoing operations of EAI, helping start meetings, manage the website, answer questions about the program, develop new materials and continue to keep EAI growing

www.EmotionsAnonymous.org
P.O. Box 4245 Saint Paul, MN 55104 USA

Spanish materials are available on our website. Los documentos en español están disponibles en nuestro sitio web.

LITERATURE (#4) *(PAMPHLETS, BOOKLETS, AND HANDOUTS)*

*** Available to print off the website at no charge**

ITEM #	TITLE	COST	QTY	TOTAL $
1	EA's 12-Step Program * (1994) "Yellow Pamphlet"	0.40		
1LP	EA's 12-Step Program **(Large Print)**	1.65		
4	A Personal Inventory	1.10		
6	Group Inventory	0.40		
7	Suggested Face-to-Face Meeting Guide (laminated)	2.50		
7A	Virtual Meeting Guide	0.40		
8	Service — Step 12 (1998)	0.40		
9	Weekly Meeting Minder	0.40		
10	The Four A's (2016)	0.40		
11	A Key to Successful Groups	1.10		
13	Guide for EA Groups	1.10		
14	**EA Welcome Kit**	1.50		
15	Cycle of Mental Illness & Recovery	1.10		
17	Community Outreach Pckt	1.65		
21	The Common Thread (2016)	0.40		
22	News Release Info	0.40		
23	To My Family & Friends (revised 2021)	0.40		
24	EA Bylaws * (revised)	0.40		
25	Sponsorship in EA (revised 2021)	0.40		
26	From Surviving to Thriving (revised 2020)	0.40		
27	Newcomer Orientation * (revised 2017)	0.40		
28	Welcome to a New Way of Life * (2008)	0.40		
29	Real Listening (2017)	0.40		
30	Public Info Mtg Guide	1.50		
31	Help for a Better Life *(2008)	0.40		
32	Guidelines for EA Events	1.50		
35	New Group Information Packet (NGIP) *	2.00		
36	Meeting Flyer *	0.40		

ITEM #	TITLE	PRICE	QTY	TOTAL $
37	How Our Mtgs Work (1995)	0.40		
38	Intergroup Assoc. Guide	1.10		
39	Speaker's Guide	0.40		
40	Control (revised 2022)	0.40		
42	Loneliness (revised 2021)	0.40		
43	Annual Report *	0.40		
44	**Group Starter Kit**	44.00		
45	Self-Esteem (revised 2019)	0.40		
46	Resentments (revised)	0.40		
47	Fear (revised 2021)	0.40		
48	Anger (revised 2021)	0.40		
49	Indecision (2016)	0.40		
50	Perfectionism (revised 2021)	0.40		
51	Forgiveness (revised 2019)	0.40		
52	Suicide (revised 2019)	0.40		
53	Love (revised 2020)	0.40		
54	Depression (revised 2021)	0.40		
55	Grief (revised 2018)	0.40		
56	Shame (2001)	0.40		
57	Anxiety (revised 2019)	0.40		
58	Patience (revised 2022)	0.40		
59	Serenity (revised 2019)	0.40		
61	"How it Works" Pages 39-82 of Big Book **[Large Print]**	4.50		
62	Handling Disruption	1.10		
63	Info for the Health Care Provider * (revised 2021)	0.40		
64	Guide for Health Fairs*	0.40		
65	Community Outreach Information Guidebook	5.50		
66	Supporting Your Support System (revised 2020)	0.40		
67	Administrative Concepts	1.10		
68	Guide for Nat'l Intergroups	1.10		
69	What is EA? * (2017)	0.40		
76	Highly Sensitive People (2018)	0.40		
80	10 Easy Ways	0.40		
81	Procrastination (2018)	0.40		

LITERATURE (CONT'D)

ITEM #	TITLE	PRICE	QTY	TOTAL $
82	Guidelines for Writing for EAI *	0.40		
84	Self-Pity (2019)	0.40		
85	Hope (2019)	0.40		
86	Confidentiality * (2020)	0.40		
87	Best Practice for Productive Meetings	0.40		
88	Higher Power (2020)	0.40		
89	Trust (2020)	0.40		
90	Acceptance (2021)	0.40		
91	Comfort Zone (2020)	0.40		
92	Pushing Away our Feelings (2020)	0.40		
93	5 Ways to Face your Grief (2021)	0.40		
94	Guilt (2021)	0.40		
95	Gratitude (2021)	0.40		
96	Calm (2021)	0.40		
97	Kindness (2021)	0.40		
98	Recovery (2021)	0.40		
99	Time (2021)	0.40		
100	Healthy Boundaries (2021)	0.40		
101	Perseverance (2021)	0.40		
102	50 Tips for 50 Years *	0.40		
104	Sobriety in EA (2021)	0.40		
105	Communication (2023)	0.40		
106	Are We Defective? (2023)	0.40		
114	What is Courage?(2024)	0.40		
117	What is Family? (2025)	0.40		
118	Insecurity (2025)	0.40		
120	Pause (2026)	0.40		
121	Unplugged (2026)	0.40		
	SUBTOTAL:		**$**	

MERCHANDISE (#5)

CARDS & POSTERS

ITEM #	TITLE	PRICE	QTY	TOTAL $
M5	I Have A Choice — JFT Card	0.55		
M19	Share Your Meeting Pocket Card (10/pk)	1.50		
M20	Steps 3 & 7 Prayer Pocket Card (10/pk)	1.10		
M41	12 Promises of EA Card	0.55		
M77	Blank Serenity Notecard (10/pk)	5.00		
M103	Outreach Pocket Card (10/pk)	1.10		
M107	Serenity Prayer Pocket Card	2.00		
M109	Just for Today vinyl poster	10.00		
M110	12 Steps vinyl poster	10.00		

EA ANNIVERSARY RECOGNITION CARDS

Hard plastic 2"x 3" cards to recognize milestones

ITEM #	TITLE	PRICE	QTY	TOTAL $
M70	30-day Card	1.10		
M70A	60-day Card	1.10		
M71	90-day Card	1.10		
M72	6 Month Card	1.10		
M73	1 Year Card	1.10		

BOOKMARKS

M18	Serenity Prayer (Winter Background)	1.10		
M33	Serenity Prayer (Water Background)	1.10		

MEETING SIGNS & TABLE CARDS

M3	EA Meeting Sign (Laminated)	2.50		
M16	EA Meeting Table Card	1.10		
	SUBTOTAL:		**$**	

MERCHANDISE (CONT'D)

ITEM #	TITLE	PRICE	QTY	TOTAL $
M2	Water Bottle	10.00		
M119	EAI Car Magnet (2025)	3.00		
N/A	EA Medallion	5.75		
N/A	Medallion Holder	11.00		
N/A	Anniversary Pin* (Years 1-40) [In Roman Numerals]	3.50		

*Years Requested & Quantity for each pin:

SUBTOTAL:	$

ADD SHIPPING INSURANCE TO YOUR ORDER

SUBTOTAL AMOUNT	COST	SUBTOTAL AMOUNT	COST
$0.01 - $50.00	$2.75	$300.01 - $400.00	$7.60
$50.01 - $100.00	$3.50	$400.01 - $500.00	$9.15
$100.01 - $200.00	$4.60	$500.01 - $600.00	$12.25
$200.01 - $300.00	$6.05	$600.01+: *Call office for price*	

Insurance Policy: EAI is not responsible for replacement of any damaged or lost items that are not insured by purchaser.

DONATION INFORMATION

DONATION CATEGORIES

General Operations: Donating to this category will help EAI maintain all administrative functions required.

Hardship Fund: Donating to this category will make it possible to send literature to individuals in financial hardship for free.

New Group Scholarships: Donating to this category will make it possible for new EA groups receive the Group Starter Kit (Item #44) at a reduced cost.

Gifts will be included in EAI's general operations unless otherwise designated.

Memorial gifts honor someone who has passed away.

Gratitude gifts thank someone.

Memorial and Gratitude gifts will be designated towards EAI's general operations unless otherwise designated.

Group donations will be recognized by the group, not the individual who made the donation on behalf of the group.

ADD A DONATION!

DONATION AMOUNT	$
Donation Type (choose one)	□ Group □ Individual
If a GROUP donation provide: **Name of group, remote or location, day of week and time of meeting** so we can accurately record your group gift.	
If making an INDIVIDUAL donation would you like to be recognized for the donation in the Annual Report? (First Name, Last Initial)	☐ Yes (Publish) ☐ No (Anonymous)
Would you like to designate your donation to a specific category?	☐Yes ☐ No
If yes, which category?	☐ Gen Operations ☐ Hardship Fund ☐ New Group Scholarships
IF this is a Memorial or Gratitude gift, please tell us who to recognize and provide an address if you would like us to let them know about your gift. Name/Address:	☐ Memorial ☐ Gratitude ☐ Neither

Tracking Information:

You will receive an email from Pitney Bowes (no-reply@pb.com) once your order has shipped. Receipts will be emailed or printed and sent along with the order **if requested.**