



Board of Trustees
Meeting Agenda & Minutes

<https://meet.google.com/paq-bioh-bub>

Wed June 10, 2026 12 (noon) p.m.

1. Call to order/Serenity Prayer Jana
Present: Elaine, Jana, Fred, Shirin, Margot
Absent: none
2. Approval of past meeting minutes
 Jan 7
Motion to approve by Fred, seconded by Jana
3. Old Business:
 - Fundraising update using free pamphlets
 - Thoughts on allowing members to respond to EAI voice mails: *Elaine would reach out to a few members and ask if they would be willing to take a month - Greta agreed and Molly is sending information on how to do this*
 - Update strategic plan was done
 - *Lift up in monthly emails groups who give in 2026*
 - Follow up with all noncontributing groups (need to pay attention to individuals who may give) **Action Item:** *Greta or Nikki offered to follow up. Molly is getting a list together. We ended up sending an email to all - many responses with corrections to meetings. Contributions are up!*
 - Fundraising idea: ask groups/individuals to commit to a monthly donation of \$20 - after 6 months of contributions, one pamphlet for every commitment would be made free on the website. If the monthly contribution ended, the pamphlet would go back to being listed for sale. *May have difficulty tracking it in the office. Elaine will figure out how it could work. This funding would need to be 'new' money in. This is too much effort for our small staff.*
4. Financial review:
Recent statements:
[Balance Sheet - January](#)
[Cumulative P&L](#)
[P&L - January](#)
Need to continually remind groups/individuals to give
Elaine will send financial information to Board when Sandy has more recent statements ready.
Need \$1,667/month more = 14 people giving \$10/month or 4 groups giving \$35/month

5. Newcomer Q&A idea Jana
Once/month - newcomers could ask questions. Bernadette F. suggested. Jana will follow up. OR could we use the Loop to send out reminders about newcomers.
6. New board member requests Elaine
a.  Trustee Application Isa Brown.pdf
Jana will reach out to confirm.
Motion to approve (barring Jana's conversation) by Fred, seconded by Margot
7. Speakerfest update Jana
Done some research so far - how plausible with current resources? Jana wants to attend the July program to explore the idea. Some volunteers have surfaced.
8. Literature Committee/Merchandise update Elaine
 - Should we have a guideline for tracking finances and/or opening a bank account
Group conscious meeting should determine treasurer/process. Elaine will write initial guidelines and share with Board.
 - Offer of Audio Recording - Tim Andersen: So, I would like to anonymously offer, as a donation to EA, my time and resources in recording and editing audio versions of anything you might want to use. As a sample, attached is an MP3 I recorded and edited today, of the old 1978 version of "The Enormity of Emotional Illness." I realize it is not the best audio quality, but regardless, if you find you would have any use for it, please let me know, and I will be happy to record and edit what you might need, both from older versions, or from more recent editions.
Elaine will get back to Tim - use and copyright issues - not to move this idea forward
 - New pamphlet, [Unplugged](#)
Motion to approve Jana, seconded by Fred.
 - *Generally single gender sponsors are the norm. EAI materials don't hold this concept. Not us to decide/have a rule - should be up to each person to decide what they are comfortable with. "use their judgement/comfort" Elaine will check materials and bring new wording back to the Board.*
9. Guidelines for responding to emails Elaine
a.  How-Tos for EA's New "reply@" Email, 8/5/2024
b. May -
c. June -
d. July -
10. Responding to [NGIP](#) requests Elaine
June - Fred
July - Shirin
August - Jana
11. [Strategic Plan](#) Plan update