



## Virtual Pamphlet Retreat February 14, 2026

EA Pamphlets covered will be:  
Yellow Pamphlet aka Pamphlet #1  
Courage  
Defect Are We Defective  
Trust

Pamphlets can be ordered at [www.emotionsanonymous.org](http://www.emotionsanonymous.org)

No Registration Required  
One hour meal break will be taken  
after "Are We Defective" pamphlet

Stepper Zoom is inviting you to a scheduled Zoom meeting.

Topic: February EA Pamphlet Retreat 2026

Time: Feb 14, 2026 09:00 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/82014237915?pwd=kYklZlIsX0rqnjcvZX4NaAtACWbluWo.1>

Meeting ID: 820 1423 7915

Passcode: 867244

--

One tap mobile

+13126266799,,82014237915#,,,,\*867244# US (Chicago)

+16469313860,,82014237915#,,,,\*867244# US

Join instructions

[https://us02web.zoom.us/join/82014237915/invitations?signature=4fYizX3u\\_2LlaoKlyRfffX4xC1cCMiHChyL3RQ1B4RU](https://us02web.zoom.us/join/82014237915/invitations?signature=4fYizX3u_2LlaoKlyRfffX4xC1cCMiHChyL3RQ1B4RU)

***Contact: [Kathleene.engel@gmail.com](mailto:Kathleene.engel@gmail.com) if you would like more information about the retreat.  
Please give enough time to order the pamphlets so you will have them in time for the retreat.***