



New EA App for Android Products!

EA now has an Android app! You can either search for it on the Google Play Store (Emotions Anonymous) or use this link to get to it <https://play.google.com/store/apps/details?id=com.app.emotionsanonymous>. We are very grateful to our Trustee, Paul, for setting this up!

Download our EA App for Apple Products

You can search for it on the App Store (EA Recovery) or use this link to get it <https://geo.itunes.apple.com/us/app/ea-recovery/id1077934036?mt=8>. You can receive the latest news and to have EA resources available to you wherever you are!

Wondering how You can Donate?

Here are the ways you can donate online. You can do so through our website at this link: <https://emotionsanonymous.org/get-involved/donate.html>, you can also donate through our Facebook page here: <https://www.facebook.com/EmotionsAnonymousISC/>, and finally you can make donations through our PayPal Giving page here: <https://www.paypal.com/us/fundraiser/112574644767835624/charity/2189570>. If you donate through Facebook or our PayPal Giving page 100% of the donation goes through us.

You can also mail in a donation by check or cash. Please make sure to indicate whether it is an individual (publish or anonymous) or group donation (city/state/day/time).

Why Donate?

As EAI becomes more widely known, we hear from more people who tell us they need, but can not afford, materials. We try to fulfill these requests, but two-thirds of the income that keeps EAI operating comes from literature sales. Your support allows us to continue to organize the efforts behind the groups and to keep the EA fellowship operating. Donations help fund our day to day operations, the nitty gritty, as well as produce new literature and products.

Other Ways to Help?

Step 12 says, "Having had a spiritual awakening as a result of these steps, we tried to carry this message and to practice these principles in all our affairs." Service is an important piece of any recovery work, keeping us grounded in our efforts.

- Spread awareness of EA - encourage others to start groups!
- Speak Spanish? - help us translate our literature!
- Living near St. Paul? - volunteer to help us in the office!
- Reach out to your local library - encourage them to buy our books!
- Something else? - <https://emotionsanonymous.org/get-involved/ways-to-be-of-service.html>

Is the shipping cost hindering you from buying our books?

Did you know we have our books and our newest workbooks available as EBooks to download on your ereaders and tablets? You can browse our EBook items here: <https://payhip.com/EmotionsAnonymousISC>

CONTACT

651-647-9712 | groupdata@emotionsanonymous.org | www.emotionsanonymous.org

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