



Minutes: Board of Trustees
Wednesday March 22, 2023
11 a.m. CT

AGENDA

1. Call to order/Serenity Prayer - Paul
Present: Paul, Colleen, Fred, Kathleen, Elaine
Absent: Carolina, Kelsey
2. Approval of past meeting minutes - Paul
[February minutes](#)
Motion to approve by Paul, seconded by Fred. Unanimous vote to approve
3. BIPOC meeting - All
To be posted on the website in response to questions about meetings designed to meet the needs of specific groups. EA meetings are designed to be open to anyone with a desire to improve their mental health. In some cases, meetings can be oriented toward a specific group of individuals, such as men, women, specific ethnic backgrounds etc. and/or groups with unique shared experiences in order to best meet the needs of those choosing to attend. EA's goal is to meet the needs of all who wish to become well emotionally; therefore we support a range of meeting types.
4. Finance review - Paul
[Cumulative P&L Feb 2023](#)
[Balance Sheet Feb 2023](#)
[P&L Feb 2023](#)
Difficulty finding a person to fill the production need - the idea is 4 hours/week to do copying and workbook production.
Elaine will include in a weekly email that the response to our financial need has been positive and that we continue to need support.
5. Board recruitment and retention - Paul
[Board terms](#)
[Email for April](#)
Paul will reach out to those Trustees who haven't been attending meetings. Elaine will post information about the applications on the weekly emails and website. Kathleen and Fred have some people in mind.
6. Fundraising and engagement plans - Elaine
[Plan](#)
First training: [Video - Start a New Group](#)
Ongoing efforts to keep the membership engaged.
7. Mission statement revision - Elaine

[Worksheet](#)

Perhaps EAI is due for a refresh of the mission statement - this is a way to frame mission revisions. *Perhaps this is something to put on the agenda for the fall Board workshop. Colleen suggested we consider different language - like 'empower' vs. 'support'. Paul asked to start a google doc to begin the discussion. We'll try to address this at the next meeting provided there aren't too many other items to be discussed.*

Next meeting: Wednesday, May 3, 2023.