



Virtual Pamphlet Retreat
Saturday, August 8, 2026
9am to 2:30pm Central Time
EA Pamphlets covered will be:
Yellow Pamphlet aka Pamphlet #1
Depression
Kindness
Calm

THEME:

Seasons of heaviness & coming through to the Hope

Pamphlets can be ordered at
www.emotionsanonymous.org

**NO Registration Required...1 hour meal break will be taken
after Kindness Pamphlet**

Stepper Zoom is inviting you to a scheduled Zoom meeting.

Topic: August 8 2026 Virtual Pamphlet Retreat

Time: Aug 8, 2026 09:00 AM Till 2:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/84528291103?pwd=i9ZvsLXvcVDS1AD5cCLJV5uw5aRpMv.1>

Meeting ID: 845 2829 1103

Passcode: 747748

One tap mobile

+19294362866,,84528291103#,,, *747748# US (New York)

+13017158592,,84528291103#,,, *747748# US (Washington DC)

Contact: Kathleene.engel@gmail.com if you would like more information about the retreat.
Please give enough time to order the pamphlets so you will have them in time for the retreat.