



## Emotions Anonymous Trustee Application

The EA Board is made up of dedicated individuals interested in doing important service work for this organization. We have been fortunate to have an active, thoughtful, and dedicated Board and they have worked hard to move the organization forward.

The EAI Bylaws encourage at least six board members, without specifying a minimum number. In 2018 the decision was made to hold bi-monthly board meetings (6 per year), instead of bi-annual meetings (2 per year). Then in 2019 the board chose to meet 10 times per year. This made an enormous difference in our ability to make things happen at EA and it kept the Board much more *on board* with the day-to-day operations. We also changed the Board terms in 2019 to coincide with the start of our fiscal year, July 1.

Each spring we seek new Board members. Terms are for three years, with the opportunity to renew for one additional three-year term. For fiscal year 2021, Board meetings will be held virtually on Monday mornings from 11:30 - 1 p.m. (Central time) each month. Board members are asked to serve on one committee. Committees, which are not all active, but have included: Book & Literature, Bylaw Review, Finance, and Outreach. The requirements to serve on the Board are to have been in a 12 Step program for at least five years, with the last two in EA, completed Steps 4 and 5, and to be a current active member of an EA group.

This application should be completed and returned to **director@emotionsanonymous.org** no later than June 1. All applications will be reviewed and all candidates will be reached by phone for a discussion of their interests and the needs of the Board at this time. Those appointed will be notified in order to begin their terms July 1, in conjunction with the new fiscal year.

Board service is vital to the well-being of all nonprofit organizations. EAI needs thoughtful individuals who have time to attend meetings and work in between the meetings for the good of the organization. The current Board members are engaged, make time for EAI in their very busy schedules, and are interested in making the best decisions possible in order to reach as many people with the EA program as possible and make sure this organization exists for all who need it well into the future. Please consider joining us!

Date \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone (H) \_\_\_\_\_

E-mail address \_\_\_\_\_

*Trustees must attend EA meetings regularly, have completed Steps Four and Five, and practice the EA program.*

1.    When did you join EA?

2. Other twelve-step history?

3. Have you completed your Fourth and Fifth Steps?            Yes            No

4. Do you attend regular weekly meetings?                    Yes            No

If yes, name and location of your group: \_\_\_\_\_

5. Do you have any prior EA or twelve-step organizational experience?(i.e., intergroup representative, convention delegate, group officer, open meeting speaker, etc.)

6. Please provide your experience in management, finance, or communication, including any education, training or skills. *A balance of members with service/business experience is needed for an effective board.*

7. List in order the areas of service that interest you, i.e., bylaws/organization/structure, finance, foreign affairs and translations, literature development, communications, outreach, convention/programs. Include any other areas not listed here:

8. What do you hope to contribute as a trustee? Why do you want to be on the board?

9. How has the EA program helped you?

10. How do you think your EA group would describe you?

11. How are your people skills—how do you react to domineering, opinionated personalities/quiet, reserved personalities? What types of people do you work with best?

12. In a few words, describe your strengths/weaknesses.

13. Have you ever attended an EA Board Meeting or the Annual Business Meeting? Yes      No

14. What talents would you bring to the Board of Trustees?

15. Have you served on other boards? Non-profit, for-profit, or both? (Provide length of service and duties.)

16. What would you like board members to know about you?

17. The Annual Board meeting and workshop is held each fall. Does your schedule allow you to attend a meeting that is generally scheduled from Wednesday through Sunday in Minnesota? (Airfare and a portion of hotel expenses are paid for through the organization.) Yes      No

18. Serving on the board includes committee work and leadership roles such as committee chairperson and officers of the board. If you accept responsibilities, can you be counted on to follow through? Yes No
19. Do you accomplish a task best by working alone or with others?
20. Is there anything else you would like us to know about you that will be helpful in determining the skills and talents you might bring to the Board?

*I, the undersigned, do hereby agree, as a condition of my eligibility for election as a member of the International Service Board of Trustee of EAI, to comply with and be bound by all of the Twelve Traditions, the Twelve Helpful Concepts and the terms and provisions of the existing bylaws of EA International and any subsequent bylaws adopted by the International Service Board of Trustees of EAI. I further state that I have completed a Fourth and Fifth Step and plan to continue to attend regular weekly meetings as well as regular and/or special board meetings and workshops expected of me in my position as Trustee.*

**Signature:**

**Date:**

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**Please return this application to [director@emotionsanonymous.org](mailto:director@emotionsanonymous.org) no later than June 1, 2021. Thank you.**