

### **April Connection & Information**



#### Hello EA Fellowship,

The April Connection is now available on our website here to view and you can download it here as well. In May we will be introducing a new monthly publication that will replace the existing Connection. We will continue to send the new publication by email and post it on our website.

The Emotions Anonymous International Board of Trustees and staff are trying to support EA members as best we can during these difficult times. A few things to know:

- There are an increased number of alternative format/remote meetings available. Check the website for information on how to participate in a meeting AND how to turn your face-to-face meeting into an accessible meeting during this time.
- Every week the EAI office will be sending out a special email, Experience, Strength & Hope that is designed to give you a bit of a boost mid-week. Please let others know, they can sign up here.
- Very soon the EAI office will be releasing several new pamphlets watch for more information coming - to help you work the program.
- The decline in face-to-face meetings has severely reduced both orders and contributions to EAI. The CARES Act allows for a \$300 tax deductible contribution to nonprofit organizations even if you do not itemize on your taxes. Please consider making a gift today so we may continue to support EA groups and members through this crisis.

Thank you,

EAI Board of Trustees and Staff

#### New Face to Face Meetings That are Now an Alternative Format/Remote

- Sunday 8 AM, PT (Phone)
- Tuesdays 6:30 PM, ET (Zoom)
- Thursdays 7:30 PM, ET (Zoom)
- Fridays 11 AM 12 PM, ET (Zoom)
- Fridays 6:30 PM, ET (Zoom)

Click here for meeting information.

Our office is still shipping out orders! If you would like to place an order you can do so online here or you can dowload the order form here and mail it in with a check. If you would like to order an EBook you can do so here.



## Submit a Monthly Website Reflection

Please consider writing a submission to add the monthly reflection found on the website. In 2020 we will work through the 12 Promises as they relate to the Steps. Email to submissions@emotionsanonymous.org by the 15th of the month prior to publication. EAI needs member involvement! Please keep your submissions to 100 words. Due to space limitations, not all submissions will be published and they may be edited. We will try to include as many as we can!

# Or Write Something Else For EAI

- · Daily Reader Pamphlet
- Workbook Another idea you have
- Your suggestions, writings, concepts, images, testimonials, and other materials to share with others are greatly appreciated by EAI. Please know that by submitting material for

publication in EAI materials, you are allowing the EAI organization to use it. You may choose to have your first name and last initial identified or have your submission remain completely anonymous. EAI copyrights materials so that members may be assured that anything with the EAI name on it has been verified as being true to the program; submitted materials may be edited. To learn more click here.



Click here to donate!

Contact Information

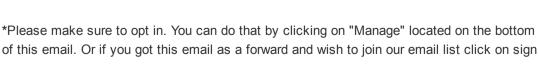
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