Hello EA Fellowship,

The April Connection is now available on our website to view and you can download it here. We may still receive a few more comments on the month in the month before we issue the April Connection. She will continue to do the latest publication by email and post it on our website.

The following are conference call details for people who are on the waiting list but are not yet attending. You may have given your email and you will be added to the waiting list for the next meeting. A few comments to note:

- There are an increased number of alternative formulation meetings available. Click here to find or visit our website for more information.
- Every week the EAI staff will be posting a short email on Thursday, “Experience, Strength & Hope” which is designed to give you a bit of a boost mid-week. Please let others know, they can sign up here.
- There are an increased number of meetings available. Check the website for information on how to participate in a meeting AND how to turn your face-to-face meeting into an accessible meeting during this time.
- The EAI office will be sending out a special email, Experience, Strength & Hope that is designed to give you a bit of a boost mid-week. Please let others know, they can sign up here.
- In May we will be introducing a new monthly publication that will replace the existing Connection. We will continue to send the new publication by email and post it on our website.

The Emotions Anonymous International Board of Trustees and staff are trying to support EA members as best we can during these difficult times. A few things to know:

- In May we will be introducing a new monthly publication that will replace the existing Connection. We will continue to send the new publication by email and post it on our website.
- The Emotions Anonymous International in-person meetings have been canceled until further notice. Please visit our website for information on how to participate in a meeting AND how to turn your face-to-face meeting into an accessible meeting during this time.

Thank you.

EA Board of Trustees and Staff

New Face to Face Meetings That are Now an Alternative Format/Remote

Sunday 8 AM, PT (Phone)

Tuesdays 6:30 PM, ET (Zoom)

Thursdays 7:30 PM, ET (Zoom)

Fridays 11 AM - 12 PM, ET (Zoom)

Fridays 6:30 PM, ET (Zoom)

Click here for meeting Information.

Our office is still shipping out orders! If you would like to place an order you can do so online here or you can download the order form here and mail it in with a check. If you would like to order an EBook you can do so here.

Submit a Monthly Website Reflection

Please consider writing a submission to add the monthly reflection found on the website. In 2020 we will work through the 12 Promises as they relate to the Steps. Email to submissions@emotionsanonymous.org by the 15th of the month prior to publication. EAI needs member involvement! Please keep your submissions to 100 words. Due to space limitations, not all submissions will be published and they may be edited. We will try to include as many as we can.

Or Write Something Else For EAI

Daily Reader

Pamphlet

Workbook

Another idea you have

Your suggestions, writings, concepts, images, testimonials, and other materials to share with others are greatly appreciated by EAI. Please know that by submitting material for publication to us, you are allowing the EAI organization to use it. You may choose to have your first name and last initial identified or have your submission remain completely anonymous. EAI copyrights materials so that members may be assured that anything with the EAI name on it has been verified as being true to the program. Submissions may be edited. To learn more click here.

Please consider making a contribution now if you can. The EAI office is supported through group & member contributions and material sales only.

Click here to donate!

Contact Information

Elaine, Executive Director

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Claire, Database Coordinator

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