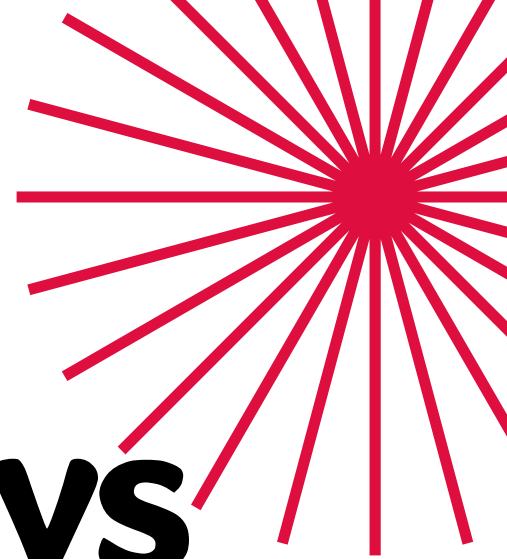
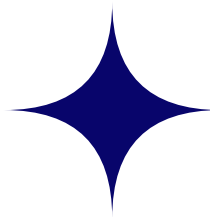


2024-2025



EA Through the Holidays

These FREE meetings are here for YOU to provide emotional support & connection during the holidays! Come be inspired by Speakers, Topics, Pamphlets, EA Literature & More!!



NOTE: THESE MEETINGS DO NOT AFFECT ANY REGULARLY SCHEDULED MEETINGS.



Join us via computer or phone
See Page 2 for options to join

We read from "EA's 12 Step Program" found at www.emotionsanonymous.org

[Link to EA's Yellow Pamphlet](#)

2024 Meeting Dates

Wednesday	NOV 27	Thanksgiving Eve
Thursday	NOV 28	Thanksgiving Day
Friday	NOV 29	Black Friday
Tuesday	DEC 24	Christmas Eve
Wednesday	DEC 25	First Day of Hanukkah/Christmas Day
(Dec 25 - Jan 2 - Hanukkah)		
Tuesday	DEC 31	New Years Eve/Hanukkah/Kwanzaa

2025 Meeting Dates

Wednesday	JAN 1	New Year's Day
Monday	JAN 20	MLK Jr. Day



Meeting Times	Eastern	Central	Mountain	Pacific
Morning	11 am	10 am	9 am	8 am
Afternoon	3 pm	2 pm	1 pm	12 pm
Evening	8 pm	7 pm	6 pm	5 pm

If you have any questions or want to volunteer for future meetings,
please contact eaworks1971@gmail.com.

See what Emotions Anonymous has to offer you at
emotionsanonymous.org or by calling 651-647-9712

Join Zoom via app or computer

Meeting ID: 854 6089 5191

Passcode: Holiday

<https://us06web.zoom.us/j/85460895191?pwd=K0xtWEkrQlAxcnNRbGpoZmJ4Wmo4QT09>

Join Zoom via phone

One tap mobile	+13052241968,,85460895191#,,,,*0761378# US
	+13092053325,,85460895191#,,,,*0761378# US
Join by Dialing your location then enter the Meeting ID and Passcode below:	
Meeting ID: 854 6089 5191 Passcode: 0761378#	
Miami	1-305-224-1968
Illinois	1-309-205-3325
Chicago	1-312-626-6799
New York	1-646-558-8656
New York	1-646-931-3860
Washington DC	1-301-715-8592
Minnesota	1-507-473-4847
Washington state	1-564-217-2000
California	1-669-444-9171
Florida	1-689-278-1000
Fresno, CA	1-719-359-4580
Denver	1-720-707-2699
Washington state	1-253-205-0468
Tacoma	1-253-215-8782
Houston	1-346-248-7799
Washington state	1-360-209-5623
Florida	1-386-347-5053