



2025 EA TTH

EA Through the Holidays (TTH) are FREE meetings here for YOU to provide emotional support & connection during the holidays!

Come be inspired by Speakers, Topics, Pamphlets, EA Literature & More!!



Wed	MAY 7	National Day of Prayer/Step 11
Sun	MAY 11	Mother's Day
Sun	MAY 25	Missing Children's Day
Mon	MAY 26	Memorial Day

Meeting Times	EST	CST	MST	PST
Morning	11:30am	10:30am	9:30am	8:30am
Afternoon	4:30pm	3:30pm	2:30pm	1:30pm
Evening	8:30pm	7:30pm	6:30pm	5:30pm



NOTE: THESE MEETINGS DO NOT AFFECT ANY REGULARLY SCHEDULED MEETINGS.



**Click zoom icon
to join us**

See Page 2 for other options to join

We read from "EA's 12 Step Program" found at www.emotionsanonymous.org

[Link to EA's Yellow Pamphlet](#)

If you have any questions or want to volunteer for future meetings, please contact eaworks1971@gmail.com.

Join Zoom via app or computer

Meeting ID: 854 6089 5191

Passcode: Holiday

<https://us06web.zoom.us/j/85460895191?pwd=K0xtWEkrQLAxcnNRbGpoZmJ4Wmo4QT09>

Join Zoom via phone

One tap mobile	+13052241968,,85460895191#,,,,*0761378# US
	+13092053325,,85460895191#,,,,*0761378# US
Join by Dialing your location then enter the Meeting ID and Passcode below:	
Meeting ID: 854 6089 5191 Passcode: 0761378#	
California	1-669-444-9171
Denver, CO	1-720-707-2699
Fresno, CA	1-719-359-4580
Florida	1-386-347-5053
Florida	1-689-278-1000
Miami, FL	1-305-224-1968
Illinois	1-309-205-3325
Chicago, IL	1-312-626-6799
New York	1-646-558-8656
New York	1-646-931-3860
Minnesota	1-507-473-4847
Houston, TX	1-346-248-7799
Washington state	1-564-217-2000
Washington state	1-253-205-0468
Washington state	1-360-209-5623
Tacoma, WA	1-253-215-8782
Washington DC	1-301-715-8592

See what Emotions Anonymous has to offer you at emotionsanonymous.org or by calling 651-647-9712 or email: info@emotionsanonymous.org