



Virtual Pamphlet Retreat
Saturday, November 14, 2026
9am to 2:30pm Central Time
EA Pamphlets covered will be:
Yellow Pamphlet aka Pamphlet #1
Hope
Healthy Boundaries
Higher Power
THEME:
Seasonal Hope

Pamphlets can be ordered at
www.emotionsanonymous.org

**NO Registration Required...1 hour meal break will be taken
after Healthy Boundaries Pamphlet**

Stepper Zoom is inviting you to a scheduled Zoom meeting.

Topic: Virtual Pamphlet Retreat - Seasonal Hope
Time: Nov 14, 2026 09:00 AM Central Time (US and Canada)

Join Zoom Meeting
<https://us02web.zoom.us/j/82880316554?pwd=P0tcnxDbZgFvhpKVC1Qb07evVtlyMD.1>

Meeting ID: 828 8031 6554
Passcode: 955318

One tap mobile
+16469313860,,82880316554#,,, *955318# US
+19294362866,,82880316554#,,, *955318# US (New York)

Contact: Kathleene.engel@gmail.com if you would like more information about the retreat.
Please give enough time to order the pamphlets so you will have them in time for the retreat.