## Starting April 25, 2024

## Thursdays from 5:00 PM - 6:15 PM Central Time

• Group Name: "Utilizing Not Analyzing the Steps"

• Special Interest: Meditation, Step Meeting & Topic Readings

• Remote Program: Zoom

• Video Component: Please ask the group for information.

• There is an optional meditation starting at 4:30 PM Central Time.

• Link: https://us02web.zoom.us/j/89285951319?pwd=ZGpKalYyZjRsblBySkZUdFU5YVZWdz09

• **Zoom Meeting ID:** 892 8595 1319

Online Passcode: 148197
Phone Number: +1 646-931-3860
Phone Access Code: 148197#

• Find your local phone number: https://us02web.zoom.us/u/kb4XVmAISY

• Group's Contact: Kathleen E. at kathleene.engel@gmail.com & +1 320-267-2040 (Ok to Text)

We are going to take 24 weeks and work The 12 by 12 Workbook - The 12 Steps and 12 Traditions.

The 12 by 12 workbook can be ordered at <a href="https://www.emotionsanonymous.org">www.emotionsanonymous.org</a>. PLEASE order early it takes about two weeks for the orders to arrive. Orders typically get shipped on Thursdays.

## <u>Schedule:</u>

Apríl 25 - Step 1
May 2 - Step 2
May 9 - Step 3
May 16 - Step 4
May 23 - Step 5
May 30 - Step 6
Jun 6 - Step 7
Jun 13 - Step 8
Jun 20 - Step 9

The schedule for the Traditions will come out closer to the time.