



# 2025 EA T.T.H.

EA Through the Holidays (TTH) are FREE meetings here for YOU to provide emotional support & connection during the holidays!  
Come be inspired by Speakers, Topics, Pamphlets, EA Literature & More!!

2025 Meeting Dates through April		
Monday	JAN 20	MLK Jr. Day
Tuesday	JAN 21	National Hugging Day
Friday	FEB 14	Valentine's Day
Monday	MAR 17	St. Patrick's Day
Friday	APR 18	Good Friday
Saturday	APR 19	Passover
Sunday	APR 20	Easter/Last Day of Passover

Meeting Times	EST	CST	MST	PST
Morning	11 am	10 am	9 am	8 am
Afternoon	3 pm	2 pm	1 pm	12 pm
Evening	8 pm	7 pm	6 pm	5 pm



**NOTE: THESE MEETINGS DO NOT AFFECT ANY REGULARLY SCHEDULED MEETINGS.**



**Click zoom icon  
to join us**

See Page 2 for other options to join

We read from "EA's 12 Step Program" found at [www.emotionsanonymous.org](http://www.emotionsanonymous.org)

[Link to EA's Yellow Pamphlet](#)

If you have any questions or want to volunteer for future meetings, please contact [eaworks1971@gmail.com](mailto:eaworks1971@gmail.com).

## Join Zoom via app or computer

Meeting ID: 854 6089 5191

Passcode: Holiday

<https://us06web.zoom.us/j/85460895191?pwd=K0xtWEkrQLAxcnNRbGpoZmJ4Wmo4QT09>

## Join Zoom via phone

One tap mobile	+13052241968,,85460895191#,,,,*0761378# US
	+13092053325,,85460895191#,,,,*0761378# US
Join by Dialing your location then enter the Meeting ID and Passcode below:	
Meeting ID: 854 6089 5191    Passcode: 0761378#	
California	1-669-444-9171
Denver, CO	1-720-707-2699
Fresno, CA	1-719-359-4580
Florida	1-386-347-5053
Florida	1-689-278-1000
Miami, FL	1-305-224-1968
Illinois	1-309-205-3325
Chicago, IL	1-312-626-6799
New York	1-646-558-8656
New York	1-646-931-3860
Minnesota	1-507-473-4847
Houston, TX	1-346-248-7799
Washington state	1-564-217-2000
Washington state	1-253-205-0468
Washington state	1-360-209-5623
Tacoma, WA	1-253-215-8782
Washington DC	1-301-715-8592

See what Emotions Anonymous has to offer you at [emotionsanonymous.org](http://emotionsanonymous.org) or by calling 651-647-9712 or email: [info@emotionsanonymous.org](mailto:info@emotionsanonymous.org)