



EA Through the Holidays 2023/24



These FREE meetings are here for YOU to provide emotional support & connection during the holidays!! Come to be inspired by EA Stories~Speakers~Topic Discussions~Pamphlets

Thanksgiving Day, Thu, Nov 23

Christmas Eve, Sat, Dec 24

New Year's Eve/ Kwanzaa, Sat, Dec 31

Black Friday, Nov 24

Christmas Day, Sun, Dec 25

New Year's Day/Kwanza, Sun, Jan 1

Morning	11 am EST	10 am CST	9 am MST	8 am PST
Afternoon	3 pm EST	2 pm CST	1 pm MST	12 noon PST
Evening	8 pm EST	7 pm CST	6 pm MST	5 pm PST

We read from "EA's 12 Step Program" found at www.emotionsanonymous.org
#1 – EA's 12 Step Program (The Yellow Pamphlet)

Join Zoom Meeting: (copy into your browser)

<https://us06web.zoom.us/j/85460895191?pwd=KoxtWEkrQlAxcnNRbGpoZmJ4Wmo4QT09>

Meeting ID: 854 6089 5191 **Passcode:** Holiday

One tap mobile

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Join by Dialing your location then enter the Meeting ID and Passcode below:

1 305 224 1968 (Miami)	1 689 278 1000 (Florida)
1 309 205 3325 (Illinois)	1 719 359 4580 (Fresno, CA)
1 312 626 6799 (Chicago)	1 720 707 2699 (Denver)
1 646 558 8656 (New York)	1 253 205 0468 (Washington state)
1 646 931 3860 (New York)	1 253 215 8782 (Tacoma)
1 301 715 8592 (Washington DC)	1 346 248 7799 (Houston)
1 507 473 4847 (Minnesota)	1 360 209 5623 (Washington state)
1 564 217 2000 (Washington state)	1 386 347 5053 (Florida)
1 669 444 9171 (California)	

Meeting ID: 854 6089 5191 **Passcode:** 0761378

If you have any **questions** or want to **volunteer** for future meetings
please contact eaworks1971@gmail.com

See what Emotions Anonymous Int'l has to offer you at www.emotionsanonymous.org

NOTE: These meetings do not affect any regularly scheduled meetings.