



EMOTIONS ANONYMOUS INTERNATIONAL ANNUAL REPORT 2020

FROM YOUR BOARD CHAIR—SCOTT J.

EAI BY THE NUMBERS

- An average of **14,103 people** visited the website each month
- **283 New Group Information Packets** were sent out
- The **Board of Trustees met 14 times**
- **146 individual donors** gave **286 contributions**
- **40 groups** switched over to virtual meetings
- **36 new groups** formed
- **15 scholarships for materials for new groups** were provided
- **61 orders** were sent free to prisoners
- **6 people** received free materials thanks to contributions to the hardship fund.

Dear EA Fellowship,

The EAI trustees have been a very active group, engaged in important work on behalf of the membership. We're trying our best to serve EA as a whole. Along with the work done in our monthly board meetings, we started two committees to make improvements to our organization.

One of these committees is the By-laws Review Committee. We're thankful for their badly needed, important work on our organization's guiding doc-

ument. This team stands as an example of the direction our fellowship is heading - with deeper engagement from a diverse group of people aiming to best represent and guide us.

Another committee that is active - in the beginnings stages - is the Communications Review Team. This group of six people is working on determining how EAI can best communicate to the fellowship and how communications between EA members and the trustees/staff can be improved in the future. A lot to think about!

I find that my work as a trusted servant in EAI is deeply meaningful - though tiring. I'm grateful both to those who have expressed appreciation to us for the work we are doing as Trustees to guide and shape EAI, and to those who've supported us through constructive and fair critique with suggestions for improvements.

We'd love to have more of you step up to service to the fellowship. We're stronger together! When we all pitch in, we all feel good about the cooperative end result.

FROM YOUR EXECUTIVE DIRECTOR—ELAINE WEBER NELSON

My staff is amazing—focused, smart, willing to help. I can't ask for better employees. The Board has been equally wonderful—thoughtful, strategic, energetic. I am fortunate to know and work with them. I continue to feel the pressing need to find more ways to share the program more broadly—especially with the new stresses brought about by COVID-

19. Barring the ever-present financial concerns, the past twelve months have been good in terms of membership and member involvement. We made strides in building more awareness and publishing new literature. We've connected with people across the world and strengthened existing global relationships. We've given free materials to in-

dividuals experiencing financial hardships and helped new groups access them thanks to the scholarship fund. We introduced a new monthly publication that better reflects who EAI is today. I hope more members find meaningful ways get involved in the coming year—the program is only as strong as the membership makes it.

\$1,000 - \$1,999

Manhattan, NY
Saint Cloud, MN

\$500 - \$999

EA Chat Meetings
Fridley, MN Wed
Fridley, MN Sat
Lombard, IL
Mogadore, OH

\$250 - \$499

Burnsville (Apple Valley), MN
Bend, OR
Brainerd, MN
Burlington, IA
Canton, OH Sat
Fridley, MN Wed
Hackensack, NJ
Hollywood, FL
Manchester, MA
Mesa, AZ
Rialto, CA
Riverside, CA
Saint Paul, MN (Dayton)
Smyrna, GA Sun
Virginia Beach, VA
Westbury, NY

\$100 - \$249

Anaheim, CA
Athens, GA

Baldwin Park, CA
Bloomington, MN
Bowling Green, KY
Canton, OH Wed
Chicago, IL Sun
Chicago, IL Sat 10 AM
Colorado Springs, CO Mon
Columbia, MO
Cupertino, CA
Elgin, IL
Grand Rapids, MI Fri
Midwest City, OK
Minnetonka, MN
Montclair, NJ
Norfolk, VA
Orland Park, IL Fri
Owosso, MI
Port Jefferson, NY
Redlands, CA
Saint Paul, MN (Hamline)
Seminole, FL
Tucson, AZ
Washington, DC Mon 12:15 PM
Webster Groves, MO
Wellesley, MA
West Saint Paul, MN

\$50 - \$99

Alhambra, CA
Arvada, CO
Cherry Log, GA
Eau Claire, WI
Email Loop

Glendale, AZ
Irving, TX
Lima, OH
Madison, TN
Middleburg Heights, OH
Nampa, ID
Palos Heights, IL
Prairie Village, KS
Vienna, VA
Vincennes, IN

\$1 - \$49

Albuquerque, NM
Austin, TX
Boulder, CO
Brevard, NC
Carlinville, IL
Chapel Hill, NC
Chehalis, WA
Chicago, IL Thurs
Columbia Heights, MN
Columbus, OH
Coon Rapids, MN
Costa Mesa, CA
Covina, CA
EA Telephone Conference
Elkhart, IN
Fishers, IN
Fort Wayne, IN
Gilbert, AZ
Glendale, AZ
Hastings, MN
Little Falls, MN

Newburyport, MA
New Douglas, IL
Oceanside, CA
Onawa, IA
Philadelphia, PA
Topeka, KS
Ukiah, CA
Wichita, KS
Winston-Salem, NC
Woodriver, IL

We like to support out national EA office because we know they do good work for EA as a whole. They carry the message to people who still suffer with emotional problems. It is our way of saying *Thank You* to EAI.

Midwest City, OK EA Group

Sales from literature, which typically make up two thirds of EAI’s sales, fell 9% this year. Increased sales of our new workbook, *Welcoming The Spiritual Awakening Within Me*, were more than offset by declines in traditional book sales. On a positive note, donations increased approximately 8% while operating costs remained steady over the prior year. These factors in the aggregate led to a \$24,000 operating deficit. However, due to the organizations ability to attain financial relief via the CARES act, the net loss was reduced to \$8,711 for the year. As costs are concerned, the organization is as thinly stretched as it can be in order to be able to effectively produce and distribute literature and respond to information requests from new and existing members.

In the coming year, it is unlikely that the organization will be able to attain further financial relief from the government. That means that without substantial increases in literature purchases and donations, EAI will run out of money in three to four years. This would be devastating for the entire membership that relies on a well-functioning central office to conduct all of the functions that are necessary to facilitate the nearly 700 EA groups worldwide.

As we approach EAI’s 50th anniversary, I implore everyone who can to give a little more each month to bring the organization back to viability and ensure that it remains with us all for a long time to come.

FY 2019:

Gross Income: \$150,587

Net Income: \$131,664

Expenses: \$146,357

Deficit: (\$14,693)

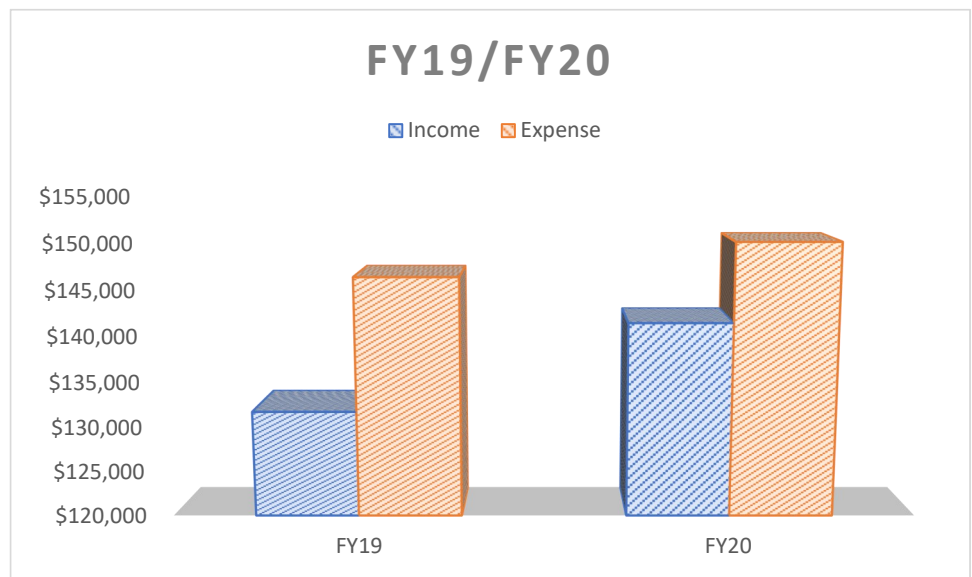
FY 2020

Gross Income: \$164,750

Net Income: \$141,406

Expenses: \$ 150,118

Deficit: (\$8,711)



EAI operates on a fiscal year of July 1 through June 30.

This report focuses on activities from July 1, 2019 through June 30, 2020.

\$2000+

Sveriges intergrupp
(Switzerland Intergroup)

\$1,000 - \$1,999

Trois-Rivières Québec
(Canada Intergroup)

\$500 - \$999

EA-Selbshilfe
(German Intergroup)

\$250 - \$499

Auckland, New Zealand
Buxton, VIC Australia
Mississauga, ON Canada

\$100 - \$249

Buxton, VIC Australia
Dundalk, North Ireland
Hallgrimskirkja, Iceland
Lisboa, Portugal
Niagara Falls, ON Canada
日本インターグループ
Nihon intāgurūpu
(Japan Intergroup)
Slovenija (Slovenia)
Sweden Intergroup
Toronto, ON Canada
Vancouver, BC Canada Sat

\$50 - \$99

Burks Falls, ON Canada

Jerusalem, Israel
Kerman, Iran
Reading, England U.K.
Winnipeg, MB Canada Tues 8 PM

\$1-\$49

Aosta, Italy
Edmonton, AB Canada
Ivrea, Italy
Nerang, QLD Australia
Piracicaba, São Paulo Brasil
(Brazil)
Vancouver, BC Canada Thurs

WHAT WAS NEW IN 2019-2020

I am grateful the program was there for me when I needed it and want to ensure, through my regular monthly contribution, that it's there for others. I donate a small amount monthly using the electronic bill paying service provided by my bank. This is how I pay most of my bills and make my other monthly donations (such as to my church). It happens automatically on the same day every month, so I don't have to think about it!

- Colleen C

- Introduced the new monthly newsletter, *Strength & Hope*
- Produced and distributed two email series, *Experience, Strength & Hope*
- New pamphlets
- Revised the website meeting listing to include new remote meetings and face-to-face meetings that moved to a virtual format

\$2,500 - \$5,000

1 Anonymous Donor
Aibtikar Foundation

\$1,000 - \$2,499

2 Anonymous Donors
Patricia Q

\$500 - \$999

Jerry H
Luz M

Pam R

Robert B

Russ R

\$250 - \$499

1 Anonymous Donor

Colleen C

Dave M

David K

Joseph O

Joyce M

Michael W

Ronald L

\$100 - \$249

4 Anonymous Donors

Ann B

Bob S

Briana C

Elizabeth G

Frances F

Gary G

Hilary G

Joseph C

Kali P

Karen G

Mark S

Mary A

Maxine S

Oswald G

Paul H

Robert W

Rosanne D

Sharon H

Louis V

Vince C

\$50 - \$99

6 Anonymous Do-
nors

Brent P

Cecelia N

Chris C

Crystal S

Cynthia H

David Q

David T

Jacqueline E

Jody A

Kathleen M

Lori S

Madelon L

Paul P

Russell F

Sharon B

Scherrone D

Thomas & Alice C

Venita R

\$1- \$49

44 Anonymous
Donors

Aaron F

Alexandra G

Anne M

Arielle F

Audrey L

Barbara O

Brent P

Carmelita B

Carol F

Daniel W

Carol H

Carolyn H

Chuck S

Claire P

Dalayna H

Daryl D

David P

David Q

David W

E.A. M

Elene D

Elizabeth V

Ellen K

Emily M

Frank D

Gene L

Gerald S

Genevieve K

Irma J

Jan D

Jeff P

Joan L

Joan M

John G

Joseph L

Joyce T

Judy S

Karen A

Kathryn G

Kelley S

Kelly G

Kelsey W

Kirk G

Laura L

Laura P

Leigh B

Lenny S

Linda S

Lori F

Marc M

Marcia M

Marilyn J

Matthew M

Maureen M

Mia C

Michael O

Monica W

Orhan M

Oscar A

Patricia M

Patti F

Paul W

Rebecca K

Renee S

Robert B

Ron P

Rosemary S

Richard P

Sally V

Sandra R

Shani C

Soledad P

Stephanie G

Stephen G

Steven B

Steven S

Steven S

Summer R

Tana D

Taperra R

Tina G

Tom P

Vicky G

Wendy B

Yoshi G

** Int'l Con-
tributors not-
ed in italics*

I have been in the EA program since 1987 and a regular monthly donor to EAI for many years. I am grateful for the work of EAI during the pandemic . My monthly donations are a little bit of my Step Twelve work, a little bit of my way of saying thanks to the organization as a whole, and a little bit of my way of paying forward something that has been given to me in the program.

—Anonymous

EAI TRUSTEES & TERMS FOR FY 2020

Scott Jakel – President
Elected Sept 2015 — June 2018
Re-elected Sept 2018 — June 2021

John Werner – VP
Elected Sept 2016 — Sept 2019
Re-elected July 2019— June 2022

Colleen Coyne - Secretary
Elected Sept 2018—
June 2021

Paul Nouri - Treasurer
Elected July 2019— June 2022

Derita Pippen
Elected Sept 2018—
June 2021

Steven Bell
Elected July 2019— June 2022

STAFF

Elaine Weber Nelson
Executive Director

Sandra Wells
Accountant

Claire Horton
Database Coordinator

Carleen Schmidt
Shipping Coordinator

MISSION STATEMENT

Supporting individuals with emotional difficulties in their efforts to live more manageable lives by using the Emotions Anonymous Program of recovery.

We are grateful for all the individuals who help make the EA program available throughout the world. Without writers, translators, group contacts and every single member, we would not be able to be available whenever, wherever someone is in need of this powerful program of mental health.

Have you made a gift to EAI recently? Please consider making one before the end of the year. You can make your gift online at www.emotionsanonymous.org/donate. Every contribution helps EAI continue our work to help everyone achieve more positive mental health. ***Please give today.***

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www.emotionsanonymous.org

