

EA Through the Holidays 2025/26



***These meetings are for YOU! Gain emotional support & connection.
Be inspired by Speakers, Topics, Pamphlets, Readings, and more!***

NOTE: These meetings do not affect any regularly scheduled meetings. No registration is required.

Nov 27, Thu - Thanksgiving ~ Nov 28, Fri - Black Friday

Dec 24, Wed - Christmas Eve ~ Dec 25, Thu - Christmas Day

Dec 31, Wed-Kwanzaa/New Year's Eve ~ Jan 1, Thu-Kwanzaa/New Year's Day

Tentative July 18, 2026 Sat - EA Anniversary Celebration!!! (July 21)

Time	Eastern	Central	Mountain	Pacific
Morning	11:30 am	10:30 am	9:30 am	8:30 am
Afternoon	4:30 pm	3:30 pm	2:30 pm	1:30 pm
Evening	8:30 pm	7:30 pm	6:30 pm	5:30 pm

Join Zoom Meeting: Meeting ID: 854 6089 5191 Passcode: Holiday
<https://us06web.zoom.us/j/85460895191?pwd=K0xtWEkrQlAxcnNRbGpoZmJ4Wmo4QT09>

One tap mobile: +13052241968,,85460895191#,,, *0761378# US
+13092053325,,85460895191#,,, *0761378# US

To Join by Phone, Dial your location then enter:

Meeting ID: 854 6089 5191 Passcode: 0761378#

1 305 224 1968 (Miami)	1 689 278 1000 (Florida)
1 309 205 3325 (Illinois)	1 719 359 4580 (Fresno, CA)
1 312 626 6799 (Chicago)	1 720 707 2699 (Denver)
1 646 558 8656 (New York)	1 253 205 0468 (Washington state)
1 646 931 3860 (New York)	1 253 215 8782 (Tacoma)
1 301 715 8592 (Washington DC)	1 346 248 7799 (Houston)
1 507 473 4847 (Minnesota)	1 360 209 5623 (Washington state)
1 564 217 2000 (Washington state)	1 386 347 5053 (Florida)
1 669 444 9171 (California)	

If you have any **questions** or want to **volunteer**, please contact eaworks1971@gmail.com.

See what Emotions Anonymous has to offer you at emotionsanonymous.org

Join us at a meeting to find out more about us!

[General Information About EA Meetings : Find a Meeting : Emotions Anonymous](#)