We warmly invite everybody interested in the Emotions Anonymous 12-step program to the

**Second EA regional convention in the UK**

taking place at the

beautiful and serene environment of

**Douai Abbey** on **9th March 2019**.

The convention will start at 10:30am with coffee and tea and finish at 4:30pm.

We will hold a big meeting and have a period of meditation. We encourage you to share your experiences with the 12 steps with the group and will also leave plenty of time for exchanging experiences and discussing program-related questions.

**Booking:**

**There is no need to book.** You may just come along to the day and bring your own food.

However, there is the option to book a cooked lunch at the Abbey and also to stay over from Friday to Saturday and/or Sunday. Both need to be booked by 25February. Please contact Chris at [Christopher@douaiabbey.org.uk](mailto:Christopher@douaiabbey.org.uk).

There is **no charge** for the convention but we welcome donations to cover costs.

**Directions:**

Douai Abbey is situated in Western Berkshire between Reading and Newbury, just off the A4 in Upper Woolhampton. The postcode is RG7 5TQ. The closest rail station is Midgham, 1.2 miles from the abbey. A lift from the station will be available at 10.29am. Please contact Chris at [Christopher@douaiabbey.co.uk](mailto:Christopher@douaiabbey.co.uk) to book a place.