

Starting April 25, 2024

Thursdays from 5:00 PM - 6:15 PM Central Time

- **Group Name:** “Utilizing Not Analyzing the Steps”
- **Special Interest:** Meditation, Step Meeting & Topic Readings
- **Remote Program:** Zoom
- **Video Component:** Please ask the group for information.
- There is an optional meditation starting at 4:30 PM Central Time.
- **Link:** <https://us02web.zoom.us/j/89285951319?pwd=ZGpKalYyZjRsblBySkZUdFU5YVZWdz09>
- **Zoom Meeting ID:** 892 8595 1319
 - **Online Passcode:** 148197
- **Phone Number:** +1 646-931-3860
 - **Phone Access Code:** 148197#
- **Find your local phone number:** <https://us02web.zoom.us/j/89285951319?pwd=ZGpKalYyZjRsblBySkZUdFU5YVZWdz09>
- **Group’s Contact:** Kathleen E. at kathleene.engel@gmail.com & +1 320-267-2040 (Ok to Text)

We are going to take 24 weeks and work The 12 by 12 Workbook – The 12 Steps and 12 Traditions.

The 12 by 12 workbook can be ordered at www.emotionsanonymous.org. PLEASE order early it takes about two weeks for the orders to arrive. Orders typically get shipped on Thursdays.

Schedule:

*July 25 – Tradition 1
August 1 – Tradition 2
August 8– Tradition 3
August 15 – Tradition 4
August 22 – Tradition 5
August 29– Tradition 6
September 5 – Tradition 7
September 12 – Tradition 8
September 19 – Tradition 9*

*September 26 – Tradition 10
October 4 – Tradition 11
October 10 – Tradition 12*

The schedule for the Traditions. The EA Book “It Works If You Work It” is another excellent resource on the EA 12 Traditions.