

EA Through the Holidays 2026/27



Holidays can be difficult. Memories, conflicts, activities, loneliness & more can strain our emotions. EA TTH exists to provide support & connection for YOU.

NOTE: *These meetings do not affect any regularly scheduled meetings. No fees or registration is required. Donations accepted.*

Nov 26, Thu - Thanksgiving ~ Nov 27, Fri - Black Friday

Dec 24, Thu - Christmas Eve ~ Dec 25, Fri - Christmas Day

Dec 31, Thu - New Year's Eve/Kwanzaa ~ Jan 1, Fri - New Year's Day/Kwanzaa

Time	Morning	Afternoon	Evening
Eastern	11:30 am	4:30 pm	8:30 pm
Central	10:30 am	3:30 pm	7:30 pm
Mountain	9:30 am	2:30 pm	6:30 pm
Pacific	8:30 am	1:30 pm	5:30 pm
UK	4:30 pm	9:30 pm	1:30 am*

Join Zoom Meeting: Meeting ID: 854 6089 5191 Passcode: Holiday
<https://us06web.zoom.us/j/85460895191?pwd=K0xtWEkrQlAxcnNRbGpoZmJ4Wmo4QT09>

One tap mobile US: +13052241968,,85460895191#,,, *0761378#
+13092053325,,85460895191#,,, *0761378#

To Join by Phone, Dial your location then enter:

Meeting ID: 854 6089 5191 **Passcode:** 0761378#

1 305 224 1968 (Miami)	1 689 278 1000 (Florida)
1 309 205 3325 (Illinois)	1 719 359 4580 (Fresno, CA)
1 312 626 6799 (Chicago)	1 720 707 2699 (Denver)
1 646 558 8656 (New York)	1 253 205 0468 (Washington state)
1 646 931 3860 (New York)	1 253 215 8782 (Tacoma)
1 301 715 8592 (Washington DC)	1 346 248 7799 (Houston)
1 507 473 4847 (Minnesota)	1 360 209 5623 (Washington state)
1 564 217 2000 (Washington state)	1 386 347 5053 (Florida)
1 669 444 9171 (California)	

If you have any **questions** or want to **volunteer**, please contact eaworks1971@gmail.com.

To find out more about EA, please visit emotionsanonymous.org or join us at a meeting!