



# *A Guide to Working the Twelve Steps*

## *(Item #75)*

**Study Group beginning**  
**Tuesday, January 5, 2021, 7:00 pm EST**

**This study group is for *you* if you:**  
**are new to EA ~ are an Old Timer ~ have completed other Workbooks**  
**find other workbooks overwhelming ~ want to work the steps with a group**

### **JOIN VIA PHONE:**

1. Dial phone number: +1-712- 451-1140
  - a. **For international dial in numbers please click [here](#).**
2. Enter Participant Access Code: 808747#

### **JOIN VIA ONLINE:**

1. Go to [www.FreeConferenceCall.com](http://www.FreeConferenceCall.com) and click on LOG IN
2. Click on JOIN MEETING along the top
3. Enter the meeting ID: **eatelephoneconference5** (exactly as written)
4. Type in your Name and Email; then click on JOIN
5. Click on the HANDSET icon
6. Click on the MIC & SPEAKERS or TELEPHONE HANDSET icon

***No fees are required to participate, but you will need the workbook.***

The workbook can be ordered online [here](#) or by making an order over the phone by calling the International Service Center at 651-647-9712.

***Please note that after completing step 2, the study group will be closed.***

Group Contact: Izzi at 717-778-5317

Emotions Anonymous was formed by a group of individuals who found a new way of life by working the twelve-step program of Alcoholics Anonymous, as adapted for people with emotional problems. To find out what Emotions Anonymous has to offer you, please go to [www.emotionsanonymous.org](http://www.emotionsanonymous.org) or call **651-647-9712**.