

EA Through the Holidays 2021



These free meetings are here for you to provide emotional support & connection during the holiday season!!

Thanksgiving, Thu, Nov 25
Christmas Eve, Fri Dec 24
New Year's Eve, Fri Dec 31

Black Friday, Nov 26
Christmas Day, Sat Dec 25
New Year's Day, Sat Jan 1

Morning	11 am EST	10 am CST	9 am MST	8 am PST
Afternoon	3 pm EST	2 pm CST	1 pm MST	12 noon PST
Evening	8 pm EST	7 pm CST	6 pm MST	5 pm PST

You can be inspired by pamphlets, stories, speakers, or topic discussions all focused on emotional recovery

JOIN By phone (540) 792-0104, **Access Code: 808747#**

Click here for international numbers: <https://fccdl.in/i/eatelephoneconference5>

JOIN ONLINE through **Free Conference Call** (This is not Zoom)

1. Go to www.FreeConferenceCall.com and click on **JOIN** along the top
2. Enter the meeting ID: **eatelephoneconference5** (exactly as written)
3. Click on **SUBMIT**. You may need to click on **JOIN** a couple more times
4. Click on **“Join with computer audio”** or another option listed

JOIN US with the **Free Conference Call App** for iPhone and Android
meeting ID: **eatelephoneconference5**

Click here for the Yellow Pamphlet we use during the meetings.

#1 — EA's 12 Step Program (The Yellow Pamphlet)

Or go to emotionsanonymous.org, click on **ONLINE BOOKSTORE**
then **FREE PUBLICATIONS**. It is Item #1.

No registration or fees required. Volunteers are needed to be moderators, speakers and hosts. Please contact us if you want to volunteer or have any questions: eaworks1971@gmail.com

Find out what Emotions Anonymous has to offer you at
emotionsanonymous.org or call **651-647-9712**