

President's Report

I'm pleased to report that your EA Board of Directors have accomplished much this past year; however we continue to face many of the same ongoing challenges of years past. In his report last year, then President Paul Hershberger stated "We must look for opportunities to grow this organization. We have become old." With the help of our ISC staff, we do continue to look for ways to grow our organization and our new website has put us on the right path. However, our groups and members come and go and the number of active groups changes constantly. This year we have focused on helping new groups form and retain new members. But we need to do more: We need new printed materials, to continue to grow our groups, more financial support from both groups and individu-

als, and to find new ways to tell people EA is here! This will be the Board's mandate in the coming year.

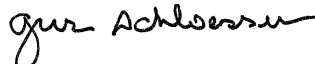
Our financials continue to be a challenge. We ended fiscal year 2016 with a deficit of roughly \$39,000. Our reserves are dwindling. EA has actually had deficits for years and we must turn this around.

I am pleased to report that our group contributions were up 5%, the number of individuals who gave personally was up 55%, and overall individual contributions were up this year.

Some have asked about the need for a Service Center; I can't imagine how we would remain viable without it! Imagine: No one answering calls or emails when folks are reaching out looking for help; no one sending out

our materials; no one keeping meeting lists current; no one searching for ways to share the message on a global level. I can honestly say that yes, we need our staff! The ISC needs our support to continue and to grow this organization and the EA membership needs the ISC.

In EA Service,



Gus Schloesser, President,
EA Board of Trustees

Thank you to our outgoing Board members:

Val C.
Vince C.
Phyllis R.
Zoe L.
Lynne S.

Your service to EA as a whole is deeply appreciated.

Executive Director's Report

I believe the most beneficial development at the ISC this year has been new technology! We launched the new website in March, 2016 after months of design and writing. The feedback has been tremendous! EA members overwhelmingly like the format and how easy it is to navigate. The website has allowed us to provide free audio recording, simplify the ordering process, list EA events and activities for all to see, make free literature easily accessible, and give group contacts easy ways to update their information... just to list a few good things about the new site!

Val C. was responsible for creating the EA app (EA Recovery - available on iTunes for free) this past spring as well. The app gives members the EA tools on-the-go and gives me an easy way to share information through

the news feed on both the app and website.

Technology allows us to reach more people, more easily, and more quickly. It helps us to share the message of recovery with more people throughout the world. However, we will always be a people-first organization - the technological advancements we've made only help us do that better.

This has been my first full year at EA and I look forward to continuing my work to see EA thrive!



Elaine Weber Nelson
Executive Director

EA Quick Stats

Since the new website launched in March, 2016, through June 30, 2016, we've had:

- An average of 13,000 visits each month
- 55,000 pageviews each month
- 1,128 people who downloaded an audio recording (now available on youtube!)

At the end of the fiscal year, June 30, 2016:

- The EA Connection mailing list has 1,344 people receiving newsletter each month.
- EA has 616 groups worldwide, with the most being in the United States (283 groups), followed by Germany (133 groups).
- EA has groups in 27 countries.

REGIONAL REPORTS & FINANCIALS

This too shall pass

Region 1

I have been serving as General Service Trustee on the Board of Directors since September of 2015 and am currently filling in for Region 1 due to a resignation. In this new role I have made contact with 3 different new groups, checking to make sure that they have all that they need to get off on the right foot and I have had one contact from another existing group as it wrestled with banking/organizational issues.

Region 2

It's been a year of change throughout the region. Staying in touch with group contacts has been a challenge due to lack of email address and/or telephone access. I send welcome letters to new groups. Some Group Leaders keep me informed on what is happening in their home groups. The Valley of the Sun groups have seen periods of growth, which is great! A 'closed to the public' group is held in Surprise, AZ.

Region 3

New groups are forming and individuals are contacting me in order to gain more information.

I am attempting to do what I can to contact new groups and members. However, many new groups do not provide any contact information when they complete the form on the website. Those that have provided such information, I have attempted to contact by phone and email.

Region 4

EA is the best kept secret among our neighbors and the health care providers. As a new Regional Trustee I have been struck by members' confusion about attraction, promotion and outreach. While we maintain anonymity of one another, we MUST tell the story: there is experience, strength & hope in recovery. We are most grateful for the support provided by the ISC staff. Several new groups have expressed an interest this year and I have written to all of the contact persons during the year with little response; in the coming year I will try to establish a 2-way communication loop.

Region 5

Region 5 has benefitted from positive developments in the international organization. Efforts to revamp the website and improve communications have led to increasing interest in starting new groups. Locally, interest in groups is strong.

Region 6

I attended 1 meeting of E.A. Ltd. and 1 meeting of PFEA, (the company that translates all EA literature into French). The Trois-Rivières Intergroup has 13 groups, Montreal has 9 groups, Quebec has 6 groups and Monteregie-Estrie has 4 groups - a total of 32 groups. Merci!

Year-End Financials

FY 2016:

Net Income:

\$119,929.59

Total Expenses:

\$156,707.01

Deficit: (\$36,777.42)

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FY 2015:

Total Income:

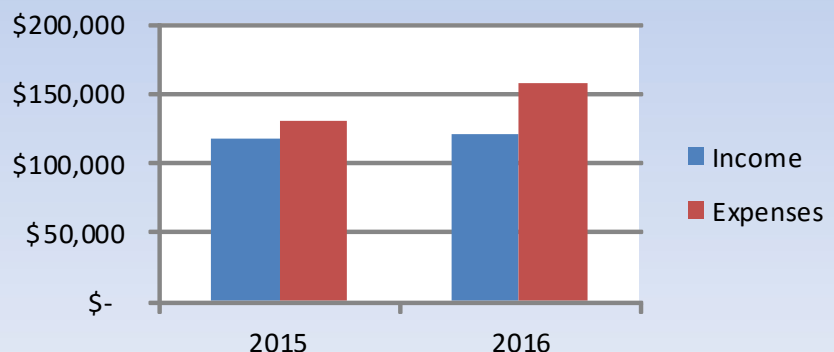
\$142,492

Total Expenses:

\$167,468

Deficit: (\$24,863.87)

Financial Comparison - 2015 to 2016



Committee Updates

Executive

The EA Executive Committee met monthly during the course of this year, receiving on-going reports of the standing Committees of our organization as well as the ongoing work of our Executive Director, Elaine. While all of this work was necessary, perhaps the most time consuming and important work centered on Finances. We have attempted to give you, the membership, a most accurate picture of our financial situation. Our ISC staff has worked hard to keep expenses down, even to the point of cutting hours whenever possible. I would encourage each of us to ask the question: what can I do to bring balance to our Financial Report.

Finance

The past fiscal year continued the difficult financial pattern of recent years. The balance sheet saw total investments decline from \$168,508 last year to \$131,180 this past June, a drop of 22.2%. Such significant declines indicate a weakening of EA's financial future. Underlying this trend is the continual excess of expenses over income. Expenses were \$156,707 up from last year's \$130,701 an increase of 19.9%. Income couldn't keep pace although it was up 2.2% to \$145,701 in FY2016. Net income showed a loss of \$39,804 this year, up 60% from last year's loss of \$24,864

The investment decline, combined with a much lower checking/savings balance saw total assets shrink to \$164,899 from \$199,123 last year, a 17% decline. On the positive side, both group and individual contributions are up somewhat.

EA's financial ten-year history provides insights. Total sales exceeded \$100,000 in the late 2000's with a peak in 2011-2012 of \$127,343. Since then, sales ranged from \$95-97,000. This is less likely a result of market decline than due to shrinking numbers of groups in the last 5 years. Salaries, the single most significant expense item, are down substantially: \$98,642 compared with \$113,000 levels in the late 2000's. Considering inflation, this lower salary figure is quite extraordinary (the entire ISC staff voluntarily settled for a pay raise of only 2% or less for the coming year and have cut some hours). Since 2006, except the high sales years of 2010-2012, high total expenses have translated into significant net income loss. This year's loss \$39,416, compares to the \$34,811 loss in 2006-2007. So for ten years now EA has seen a trend of losses, with only a very recent, very slightly elevated level of individual and group donations.

Books/Literature

We developed policy, operational, and member qualifications guidelines to guide the work of our committee. We created a plan to evaluate new literature and submitted it for approval by the full Board of Trustees.

Outreach

The Outreach Committee wrote a series of radio spots (public service announcements) and set up an e-mail account to track requests for the scripts. We also reached out to the EA membership and asked for help getting the spots on the air at the local level. Suggested job descriptions for Regional Trustees and for Group Contact Persons were developed, outlining responsibilities of these positions. A revised Newcomers' Packet and New Group Information Packet were developed and made available.

Convention

Convention sites for both the 2016 and 2017 EA International Convention were identified. The 2016 Convention will be held in Tempe, AZ and the 2017 Convention will be held in Atlanta, GA. The committee also updated and clarified the Convention Guide that explains how to go about sponsoring an EA Convention as well as the information to solicit Convention volunteer groups.

Nominating

The nominating committee was charged with identifying trustee positions for Regions 1,3 & 5, a General Service and Nonmember Trustee position. One nomination for General trustee was received and reviewed and approved for a vote by the trustees at the Fall 2016 Trustee meeting. This committee is also responsible for recommendations for officers of the executive committee during the annual trustee meeting.

CONTRIBUTIONS: UNITED STATES GROUPS

I have a choice

Alabama

Montgomery - Thurs. 11 a.m. \$50

Arizona

Mesa - Sat. 10 a.m. \$75

Tempe - Wed. 7:15 p.m. \$75

California

Alhambra - Sat. 10:30 a.m. \$350

Anaheim - Fri. 10 a.m. \$95

Baldwin Park- Wed 7pm \$100

Cupertino - Sat. 7:30 p.m. \$100

Downey - Sat. 11 a.m. \$25

Hollister- 7:30pm \$37

Oakland- Wed 7pm \$100

Ontario - Mon. 7 p.m. \$30

Redlands - Wed. 12 p.m. \$500

Rialto - Sun-Sat. 7 p.m. \$175

Riverside - Mon. 7:30 p.m. \$1,043

Sacramento—Tues 11a.m. \$25

Sacramento-Tues.6:30 p.m. \$50

Sacramento-Tues.6.30 p.m. \$25

San Diego- Thurs 6:15pm \$100

Walnut Creek-Wed.5:30p.m. \$100

Woodland Hills-Fri 10:30 a.m. \$605

Woodland Hills-Sat 10:30a.m \$100

Colorado

Sprgs-Mon. 6 p.m. \$200

Colorado Sprgs-Thurs 2pm \$50

District of Columbia

Wash. DC- Mon 12:15pm \$5.50

Florida

Delray Beach-Thurs 6pm \$60

Hollywood - Sun. 1 p.m. \$295

Hollywood - Thurs 5 p.m. \$79.58

St. Petersburg- Wed. 7 p.m. \$120

Seminole - Sat. 7 p.m. \$25

Georgia

Atlanta Intergroup \$25

Athens - Sun. 4 p.m. \$50

Atlanta-Tues 8p.m. \$107

Cherry Log -Thurs.4:30 p.m. \$50

Clayton-Tues 4:30p.m. \$43

Cummings - Wed. 7 p.m. \$125

Gainesville - Sun. 4 p.m. \$925

Roswell - Fri. 7 p.m. \$100

Smyrna

- Sun. 7:15 p.m. \$75

- Mon. 7:15 p.m. \$167

- Wed 7:15 p.m. \$350

- Thurs. 7:15 p.m. \$167

- Fri. 7:15 p.m.

Illinois

Berwyn - Sun. 12:30 p.m. \$50

Carlinville - Tues. 6 p.m. \$25

Chicago-Wed. 7:30p.m. \$50

Chicago-Sat 1:00pm \$15

Chicago - Fri. 11 a.m. \$35

Elgin-Fri 7:30p.m. \$260

Evergreen Pk-Mon 6pm \$115

Geneva-Thurs 7:30p.m. \$40

Glen Ellyn-Mon 10a.m. \$50

Highland-Tues \$108

Lake Forest-Thurs.7p.m. \$50

Lombard Tues. 7:30 p.m. \$480

New Douglas-Mon.8 p.m. \$100

Orland Pk- Fri 7:00p.m \$25

Skokie - Tues 6:45 p.m. \$130

Indiana

Elkhart-Mon.6:15 p.m. \$161

Fort Wayne-Wed 7p.m. \$20

Indianapolis-Wed 7p.m. \$15

Vincennes- Tues 7p.m. \$50

Iowa

Burlington-Thurs 7p.m. \$582

Kansas

Topeka- Tues 12pm \$35

Kentucky

Lexington-Sun 4:30p.m. \$32

Louisiana

Harahan- Tues 10:30a.m. \$25

Kaplan- Sat 10:30a.m. \$62

Maine

Augusta- Fri 6:30p.m. \$4

Maryland

Columbia- Sun 4p.m. \$185

Columbia- Thurs 7:30p.m \$111

Massachusetts

Gardner- Thurs 6p.m \$105

Newburyport- Thurs 7p.m \$25

Wellesley- Sat 9a.m. \$160

Michigan

Grand Rapids-Sat 10:30am \$25

Grand Rapids-Tues 7p.m. \$68

Grand Rapids-Fri 8p.m. \$239

Grosse Point Farms-Tues7pm. \$5

Warren-Thurs 7p.m. \$25

Warren-Fri 7p.m. \$25

Minnesota

Apple Valley-Tues 7:30p.m. \$500

Bloomington-Tues 7:30p.m. \$54

Brainerd - Tues 7p.m. \$25

Minnesota Cont'd

Columbia Heights

-Tues 7:30p.m. \$67

Elk River-Thurs 7p.m. \$50

Fridley- Wed 10a.m. \$805

Fridley - Sat 10a.m. \$165

Minneapolis- Mon 7p.m. \$376

New Ulm - Mon 7p.m. \$40.43

New Ulm - Fri 1p.m \$90.43

Red Wing - Thurs 7p.m. \$150

Rogers - Mon 1p.m. \$20

Saint Cloud - Mon 8p.m. \$500

Saint Paul - Wed 7p.m. \$270

Saint Paul - Fri 7p.m. \$94.75

West St Paul - Thurs 7p.m \$300

Mississippi

Ocean Springs - Thurs 7p.m. \$35

Oxford - Fri 12:30p.m \$25

Missouri

Columbia - Mon 7p.m. \$380

Perryville - Sun 7p.m \$120

St Peters - Tues 6:30p.m. \$50

New Hampshire

Manchester -Mon. 7 p.m. \$250

Nashua-Thurs. 7:30 p.m. \$775

Nashua-Wed 7:30p.m. \$57

New Jersey

Hackensack

-Tues 7:15 p.m. \$212.50

-Thurs 7:15 p.m. \$487.50

New Mexico

Albuquerque-Mon 7p.m. \$35

New York

Hicksville-Thurs. 8 p.m. \$50

New York-Tues 8p.m. \$20

New York-Fri. 7 p.m. \$1106.62

Philmont- Fri \$1

Port Jefferson-Sun 3p.m. \$50

Smithtown - Sat. 7:30 p.m \$20

S. Setauket - Tues 7:30 p.m. \$20

Westbury - Tues 7:30 p.m. \$215.56

North Carolina

Brevard - Thurs. 6:30 p.m \$90

Charlotte-Mon 7p.m. \$100

Winston-Salem

-Wed.7:30 p.m. \$20

Ohio

Akron - Tues 7 p.m. \$1,142

Canton- Sat 10a.m. \$510

Cleveland Hts-Wed 7p.m. \$25

CONTRIBUTIONS: WORLDWIDE GROUPS

One day at a time

Ohio Cont'd

Columbus - Tues. 7 p.m.	\$25
Dover - Wed. 7 p.m.	\$10
Garfield Hts - Sat. 11 a.m.	\$75
Huron-Wed 7p.m.	\$25
Lakewood - Sun. 2 p.m.	\$75
Lyndhurst - Thurs. 7 p.m.	\$25
Middleburg Hts - Mon. 7:30 p.m.	\$50
Painesville-Tues7:30p.m.	\$25
Sylvania - Sun. 7 p.m.	\$200

Oklahoma

Midwest City - Tues. 7 p.m.	\$50
Midwest City - Sat 5 p.m.	\$25
Norman - Mon. 6 p.m.	\$275

Oregon

Portland-Wed 6:30 p.m.	\$50
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Pennsylvania

Monroeville- Mon 12 p.m.	\$105
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Rhode Island

Westerly- Mon 12 p.m.	\$20
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South Carolina

Hilton Head Island-Thurs 7 p.m.	\$50
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Texas

Houston Intergroup	\$200
Austin - Mon. 7:30 p.m.	\$50
N. Richland Hills-Tues.7:30 p.m.	\$75
Spring - Tues 7 p.m.	\$50
Spring - Thurs 7 p.m.	\$50

Utah

Murray - Sun - Sat	\$10
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Virginia

Vienna - Mon. 8 p.m.	\$25
Virginia Beach - Mon 7 p.m.	\$25
- Tues. 1 p.m.	\$85
- Wed 7 p.m.	\$25

Washington

Chehalis - Wed. 8 p.m.	\$25
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Wisconsin

Eau Claire - Mon. 6:30 p.m.	\$25
Milwaukee - Tues. 6 p.m.	\$225
- Tues. 7:30 p.m.	\$75

Virginia

Vienna - Mon. 8 p.m.	\$40
Virginia Beach - Tues. 1 p.m.	\$88.85

Wisconsin

Milwaukee - Tues. 6 p.m.	\$75
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Annual Contributions by Country

Australia

Queensland Brisbane - Sat 11:00 a.m.	\$35
Victoria Buxton - Wed 7:00 p.m.	\$100

Canada

Alberta Calgary - Wed 1:00 p.m.	\$150
- Thurs.7:00 p.m.	\$80
British Columbia Vancouver - Sat. 11 a.m.	\$200
- Thurs 7:30pm	\$60

Ontario

Burk's Falls - Tues 10:30am	\$40
Smith's Falls- Tues 7:00 pm	\$90

England

Reading - Sun. 4:30 p.m.	\$45
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Israel

Jerusalem - Mon. 6:30 p.m.	\$49
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Japan

Japan Intergroup	\$589
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New Zealand

Auckland- Thurs 10a.m.	\$100
New Plymouth-Tues 12:00	\$110

Northern Ireland

Newry- Fri 9:00 p.m.	\$51
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Portugal

Lisbon - Mon. 5:45 p.m.	\$75
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Slovenija

Ljubljana Wed 5:00p.m.	\$30
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Sweden

Sweden Intergroup	\$6
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Internet & Phone Meeting Contributions

Internet	\$35
Phone meetings - Thursday 11 a.m. EST	\$80
- Thursday 8 p.m. EST	\$7.50
- Sunday 8 a.m. PST	\$7.50

Thank you to all members who contributed time or talents, or made a financial investment in EA's operations.

We received \$16,137 from 126 individuals last year - a 21% financial increase from more than twice as many donors as last year. The ISC also received \$27,822.81 from groups in FY2016 - an increase of \$1,243.00 (5%) compared to FY15.

Every contribution keeps the ISC in operation, so please be generous with your group and individual contributions in the coming year.

EMOTIONS ANONYMOUS INTERNATIONAL

Let go and let God

Calling all members to provide service to EA!

We would like to see more EA members involved! EA members can serve on Outreach, Book & Literature and the Convention Committees.

The focus areas for these groups in 2016-17 are:

Outreach - sharing the message of EA by contacting radio stations to play PSA announcements and making connections with health professionals and organizations.

Book & Literature - encouraging and evaluating new materials that meet the EA standards.

Convention - recruit volunteers to hold the 2018 Convention.

We are also looking for people willing to find and contact individuals and organizations in the mental health and recovery worlds to share the message.

Contact Elaine at director@emotionsanonymous.org for more information.

2015-2016 EA Board of Directors:

Gus S. - President/Region 2

Vince C. - Vice-President

Harold H. - Trustee-at-Large

Val C. - Secretary/Region 5

Scott J. - General Service Trustee/
Region 1

Lynne S. - Region 3

Tyrrel D. - Region 4

France B. - Region 6

Phyllis R. - Nonmember trustee

Staff

Elaine Weber Nelson

Executive Director

Mary Weidner

Office Manager

Bobbie Jo Megan

Database Coordinator

Carleen Schmidt

Shipping Coordinator



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