UK Convention 2018

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We are very happy to announce the first-ever

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**EA Regional Convention in the UK**

**Douai Abbey in Berkshire**

**9-11 March 2018**

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An opportunity to connect with EA members from other groups, exchange experiences and ideas, get inspiration and feel that we are not alone. The convention is meant to address members' needs and wishes, so let us know if there is something you feel is still missing in the program. There are also still options to lead a workshop or share your story with the entire group (highlighted in the agenda).

**Practicalities**

Costs

Conference only Saturday: £22.80 (incl. lunch & coffee/tea), £12 without lunch.

Incl. accommodation and full board: £75 when staying 1 night, £141.60 for 2 nights.

The accommodation is in modern en-suite rooms in the Abbey guest house.

If possible, RSVP until 11 February to Chris at: christopher@douaiabbey.org.uk

If you are staying overnight, please send a deposit of £30 by cheque to:

Christopher Greener

Douai Abbey, Upper Woolhampton,

Reading RG7 5TQ.

Day guests don't need to pay a deposit but for catering purposes

please RSVP until 28 February.

It might be possible to provide discounts for those not working, etc.

Please contact Chris in advance.

Travel

Douai Abbey is about 10 miles west of Reading, just off the A4 (Bath Road) at Woolhampton.

* By car: Use the postcode RG7 5TQ, but do not follow it to the back of the Abbey. There is a big car park at the front.
* By public transport: Best to get the train to Midgham. From there it is a 1.2 mile walk.

We will try to coordinate a pick-up from the station on Friday afternoon and on Saturday morning.

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​**Agenda**

Saturday

08:30   Breakfast (for those staying from night before)

10:00   Arriving, tea

10:30   Welcome from conference chair (Chris G.)

10:35   Meditation & feelings check-in

10:50   Session 1:  Overview of EA in the UK (# meetings, history, new website)

11:20   Session 2:  Sponsorship

11:50   Session 3:  Step Workshop (**workshop facilitator required**)

12:30   Lunch

13:30   EA Meeting (**Would someone be willing to share their story?**)

15:00   Tea break

15:30   Session 4:  Workshop **(Potential topics: Meditation, spirituality or emotions (e.g. fear, hope))**

16:10   Wrapping Up (Next steps for EA in UK, keeping in touch, next convention)

17:00   Break

For those who stay or don’t travel far…

17:15   Discussion: How to go forward with day's suggestions?

18:00   Possibility to attend Vespers at the Abbey church

19:00   Dinner

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20:00-  Socialising, sitting by the fireplace,...

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**Friday & Sunday**

There is no set agenda for Friday night and Sunday. We felt this would best be decided spontaneously by the participants. Obvious choices are: getting to know each other, discussing program-related questions and exchanging experiences, an EA meeting for those who like, exploring the beautiful surroundings of the Abbey, attending mass on Sunday, some fun activities,…

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